

# Trauma-Informed Care for Justice-Involved Youth to Decrease Recidivism

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## Purpose

- **Identify key research and analysis of effective trauma-informed treatment methodologies, referrals, and accessibility of care for justice involved youth**
- **Trauma-Informed Care**  
Treatment Methodologies
- **Juvenile Justice Systems**  
Referrals
- **Recidivism Rates**  
Accessibility of care for Justice-Involved Youth  
Rate of change when utilizing Trauma-Informed treatment and interventions

## Background

- The high rates of recidivism in the juvenile court systems matched with the increased prevalence of psychological trauma in justice-involved youth represent the need for implementing trauma-informed care
- The scoping review analyzed the research implementing the intervention of trauma informed care to determine if it resulted in justice involved youth more likely to have a higher success rate of regulating trauma symptoms and behaviors, thereby decreasing recidivism



## Methods

- Conducted following the Preferred Reporting Items for Systematic Review and Meta-analysis (PRISMA) reporting guidelines for scoping review.
- Computerized database search was performed.
    - PubMed
    - Social Science Research Network (SSRN)
    - Scopus
  - A total of 36 articles reviewed with 10 articles meeting the inclusion criteria specifically to trauma informed care, recidivism, and the juvenile justice system
  - Scientific articles criteria included, approved by an international peer review board and published in medical, social science, or nursing journals

## Results

ACE has proven to be useful in the assessment of trauma but may be misleading for minority youth due to the lack of consideration of racial trauma

The findings of the scoping review analyzed trauma-informed approaches and effective justice interventions in the juvenile justice system's impact on reducing recidivism

Common trends included the ongoing need to establish standardized assessments of trauma, gender-specific trauma assessments, improve trauma-informed programs, and development of trauma interventions system-wide

Gender specific trauma assessments are more important because females are more likely to experience sexual trauma and sexual assaults. When gender specific trauma-informed care was provided, the researchers found the outcomes to be more favorable than non-gender specific

## Implications for Practice

- Nursing serves as a trauma informed intervention for justice involved youth to reduce recidivism rates
- Creating awareness of trauma-informed care through nursing education provides current and future healthcare workers the education and tools to effectively reduce recidivism in justice-involved youth
- Using trauma-informed care also coincides with the holistic approach when caring for a patient
- The goal of utilizing nursing's unique role in this patient population is to implement trauma-informed care and prevent additional trauma experiences

## References

- No funding was utilized for this project.**
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