Piloting Consumer Health Resources to Nurse and Patient Educators

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**Objective for Pilot Project**

- This aim of this project is to pilot a consumer health resources course and accompanying online guide to nurse and patient educators to help give them a wider range of authoritative resources to use in educating patients.

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The Plan

- Form partnerships
  - Patient Educators
  - Patient Advocates
  - Patient- and Family-Centered Care
- Create a course
  - Feature NLM resources.
  - Obtain nursing credit.
- Build an online resource
  - Later expansion based on local needs.
- Pilot with Nurse and Patient Educators.
Arkansas Consumer Health Information Guide

A guide to reliable general-use and condition specific consumer health websites and resources.

Welcome to the Arkansas Consumer Health Information Guide

In this guide you will find a variety of health information websites and resources, from general sites with information on a variety of topics to specialty sites that focus on specific health topics.

- MedlinePlus
- healthfinder.gov
- CDC-Centers for Disease Control
- familydoctor.org
- healthychildren.org

MedlinePlus

Authoritative and up to date health information from the National Library of Medicine. Includes health topics, drugs and supplements, medical encyclopedia, lab test information, surgery and health videos, health check tools and games. Also links to information in multiple languages and easy to read materials.
The Plan updated...

- Apply for grant funding to expand the course throughout the state.
  - Funding received from South Central Region NNLM
- Obtain Consumer Health Certification through MLA
  - Level II certification.
  - SCR NNLM funded project – GeauxConsumerLA Health Initiative Class - by Julie Esparza.
Pilot Results to Date...

- The course and online guide are complete. Changes are made as necessary based on evaluations.
- Three courses have been scheduled/held:
  - UAMS – Patient Educators – 5
    - Pre-Test – 52%  Post-Test – 72%
  - North Little Rock VA – 0
  - Little Rock VA – 9
    - Pre-Test – 50%  Post-Test – 83%
Evaluations

- Instructors - Average - 4.85 – strongly agree
  - Better understanding of subject material
  - Responsive to questions
  - Knowledgeable about subject

- Activity objectives- Average - 4.2 - agree to strongly agree
  - Identify, navigate, and analyze resources

- Intention to apply the knowledge – 4.7

- Activity increased knowledge and competence and will improve performance and patient outcomes? – Yes to all
The Additions

- Presentation to the UAMS PFCC Hospital Advisory Committee.
- Work with Community Engagement at UAMS – reach community providers
- Presentation at ArSOPHE – Arkansas Public Health Educators
Not all patient educators are nurses! Some are certified health educators.

- Apply for Health Educator (CHES) credit as well
- What about Social Workers and Case Managers?

The nurse educators are very interested in the project and providing CE, but are then nowhere to be found.

- Many calls, emails and alternate routes later...
The Future

- Reaching out to Arkansas hospitals and clinics to offer the course.
- Expand guide:
  - Children
  - Women’s Health
  - Spanish Version
  - Veterans
Questions?

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