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Examining the Roles of GABAA Receptor Subtypes in Anxiety and Anxiolysis: Focusing on the Basolateral Amygdala

Yudong Gao
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Examining the Roles of GABAA Receptor Subtypes in Anxiety and Anxiolysis: Focusing on the Basolateral Amygdala

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Examining the Roles of GABA<sub>A</sub> Receptor Subtypes in Anxiety and Anxiolysis:  
Focusing on the Basolateral Amygdala

A Dissertation  
Presented for  
The Graduate Studies Council  
The University of Tennessee  
Health Science Center

In Partial Fulfillment  
Of the Requirements for the Degree  
Doctor of Philosophy  
From The University of Tennessee

By  
Yudong Gao  
May 2016
DEDICATION

To my parents,
With love.
ACKNOWLEDGEMENTS

This work would not be possible without the support and devoted mentoring from my advisor Dr. Scott A. Heldt. I am grateful for the invaluable suggestions and critiques from my thesis committee (Drs. Joseph C. Callaway, Matthew Ennis, Robert C. Foehring, Kristin Hamre, and Kristen O'Connell). Genetically engineered mouse strains, including α1(H101R), α2(H101R), α3(H126R) mice, were a generous gift from Dr. Uwe Rudolph at McLean Hospital. I am also grateful for the help from my colleagues Britany Wright, Jessica Baker and Chelsea Casaccia during my work in Dr. Scott A. Heldt’s laboratory.
ABSTRACT

The investigation of the differential roles GABA_A receptor (GABA_A) subtypes play in mediating various behaviors such as fear and anxiety was an intriguing research topic over the past decade. At present, most evidence suggests that benzodiazepine (BZ)-induced anxiolysis is primarily mediated by GABA_ARs containing the α2-subunit (α2-subtype). However, there is conflicting evidence as to whether α1- and α3-subtypes might also be involved in BZ-induced anxiolysis. In an attempt to further discern the role played by different α-subtype GABA_ARs in BZ-induced anxiolysis both systemically and within the basolateral amygdala (BLA), a brain region crucial for anxiety-like behaviors, we examined the anxiolytic-like effects, as measured by elevated-plus maze test (EPM), of several subtype selective and non-selective GABA_ARs positive allosteric modulators (PAMs) both in wild type mice and in mutant mice that express BZ-insensitive GABA_ARs of specific α-subtypes.

In our experiments, systemic injections of the α1-selective PAM zolpidem in WT mice produced slight anxiolytic-like effects with a narrow therapeutic window that overlapped with prominent motor-inhibiting effects. Systemic injection of the α3-selective PAM TP003 produced marked anxiolytic-like effects in WT mice that were accompanied by motor-stimulating effects. Systemic injection of the α2-, α3-, and α5-selective PAM L-838417 elicited significant anxiolytic-like effects in WT, and the effects were weakened in the α3(H126R) mice. Similarly, anxiolytic-like effects were observed when these selective PAMs were administered via microinjection into the BLA; however, these local injections did not significantly affect motor activity at the doses tested. In the experiment examining systemic injections of the non-selective BZ chlordiazepoxide (CDP), we found that CDP induced robust anxiolytic-like effects in both male and female WT mice. These effects were potentiated in female α1(H101R) mice, and were reduced in α2(H101R) mice of both sexes, as well as male α3(H126R) mice. Interestingly, intra-BLA microinjection of CDP produced few effects in WT, α1(H101R), or α2(H101R) mice, but showed some anxiolytic-like effects in α3(H126R) mice.

Taken together, our results suggest (i) all three (α1-, α2-, and α3-) GABA_ARs are involved in BZ-induced anxiolysis, but subtle differences do exist; (ii) augmentation of the α1-subtype GABA_ARs exerts anxiolytic-like effects; however, the therapeutic window is narrow; (iii) augmentation of the α2-, α3-, and α5-subtype GABA_ARs exerts anxiolytic-like effects and motor-stimulating effects, and these effects are weakened in α3(H126R) mice at doses tested, (iv) augmentation of the α3-subtype GABA_ARs exerts anxiolytic-like effects, accompanied by motor-stimulating effects; (v) BLA is an important brain region that is sufficient to mediate the anxiolytic-like effects, but not the motor-stimulating or inhibiting effects of subtype selective GABA_AR PAMs; and (vi) intra-BLA microinjection of CDP yielded an inconclusive behavioral outcome, possibly due to the complex GABAergic intra-amygdaloid microcircuitries which might antagonize each other when multiple subtypes of GABA_ARs are simultaneously modulated by BZs. Taken together, our results provide novel evidence that may benefit the current development of subtype selective drugs for treating clinical anxiety disorders.
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<td>GABA</td>
<td>gamma-Aminobutyric acid</td>
</tr>
<tr>
<td>GABA&lt;sub&gt;A&lt;/sub&gt;R</td>
<td>gamma-Aminobutyric acid type A receptor</td>
</tr>
<tr>
<td>BZ</td>
<td>Benzodiazepine</td>
</tr>
<tr>
<td>CDP</td>
<td>Chlordiazepoxide</td>
</tr>
<tr>
<td>EPM</td>
<td>Elevated plus maze</td>
</tr>
<tr>
<td>PAM</td>
<td>Positive allosteric modulator</td>
</tr>
<tr>
<td>BLA</td>
<td>Basolateral amygdala</td>
</tr>
<tr>
<td>CeA</td>
<td>Central nucleus of amygdala</td>
</tr>
<tr>
<td>DG</td>
<td>Dentate gyrus</td>
</tr>
<tr>
<td>BNST</td>
<td>Bed nucleus of stria terminalis</td>
</tr>
<tr>
<td>SSRI</td>
<td>Selective serotonin reuptake inhibitor</td>
</tr>
<tr>
<td>SNRI</td>
<td>Serotonin–norepinephrine reuptake inhibitor</td>
</tr>
<tr>
<td>WT</td>
<td>Wild type</td>
</tr>
<tr>
<td>O.A.</td>
<td>Open arm</td>
</tr>
<tr>
<td>C.A.</td>
<td>Closed arm</td>
</tr>
<tr>
<td>D.O.A.</td>
<td>Distal open arm</td>
</tr>
<tr>
<td>% O.A. Time</td>
<td>Percentage of time spent on the open arm</td>
</tr>
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CHAPTER 1. INTRODUCTION

Background

The neurotransmitter gamma-aminobutyric acid (GABA), initially identified in the brain circa 1950, is an key substance in mediating inhibitory neuronal functions (Curtis, Duggan, Felix, & Johnston, 1970; Enna, 2011; Roberts, 1974; Roberts & Frankel, 1950). There are three subcategories of GABA receptors, namely type A (ionotropic), type B (metabotropic), and a third type, sometimes referred to as type C (ionotropic) (Barnard et al., 1998). GABA type A receptors (GABA \( \alpha \)Rs) are ligand-gated ion channels that mediate chloride (anion) currents which, under normal physiological conditions in adults, inhibits the neuron; although they might also mediate excitatory transmission especially during early development (Barnard et al., 1998; Cherubini, Gaiarsa, & Ben-Ari, 1991). GABA \( \alpha \)Rs are pentameric receptors composed of unique combinations of receptor subunits, including, but limited to, \( \alpha \), \( \beta \), \( \gamma \), or \( \delta \) subunits (Olsen & Sieghart, 2009; E. Sigel & Steinmann, 2012). Among them, \( \alpha 1 \beta 2 \gamma 2 \), \( \alpha 2 \beta 3 \gamma 2 \), and \( \alpha 3 \beta 3 \gamma 2 \) are by far the highest expressed BZ-sensitive subunit compositions in the brain (Whiting, 2003). The physiological response of GABA \( \alpha \)Rs can be modulated by various substrates that bind to different binding sites on the receptor, such as benzodiazepines (BZs), ethanol, barbiturates, and neurosteroids (Olsen, 2015). GABA \( \alpha \)Rs containing a \( \alpha 1 \)-, \( \alpha 2 \)-, \( \alpha 3 \)-, or \( \alpha 5 \)-subunit positioned adjacent to the \( \gamma \)-subunit form a “BZ-site” that binds BZ-like ligands, which can modulate the activity of GABA \( \alpha \)Rs (Möhler, Crestani, & Rudolph, 2001; Erwin Sigel, 2002). These receptors are often referred by which \( \alpha \)-subunits they contain in adjacent to the \( \gamma \)-subunit, e.g., \( \alpha 1 \)-, \( \alpha 2 \)-, \( \alpha 3 \)-, or \( \alpha 5 \)-subtype GABA \( \alpha \)Rs. Positive modulation of GABA \( \alpha \)Rs by BZs are known to mediate a plethora of pharmacological and behavioral effects, such as anxiolysis (reduction of anxiety), myorelaxation, sedation, amnesia, and seizure inhibition (Rudolph & Knoflach, 2011). Among them, the anxiolytic-like effects of the positive allosteric modulators (PAMs) of the BZ-site are of high significance in both clinical treatment of anxiety disorders and in basic neuroscience research (Atack, 2010a; Kalat, 2007; T. A. Smith, 2001).

During the last two decades, considerable evidence has revealed similarities and differences in the regional distribution and physiological functions of distinct GABA \( \alpha \)R subtypes (Rudolph & Knoflach, 2011). At present, several studies have revealed that the \( \alpha 2 \)-subtype GABA \( \alpha \)Rs play a predominant role in BZ-induced anxiolysis (Low et al., 2000; K. S. Smith, Engin, Meloni, & Rudolph, 2012). However, past studies have also revealed conflicting results concerning the involvement of \( \alpha 1 \)- and \( \alpha 3 \)-subtype GABA \( \alpha \)Rs in anxiety, and have yet to distinguish the differential contribution of these subtypes. For example, past evidence suggested that selective antagonism of the \( \alpha 1 \)-subtype GABA \( \alpha \)R abolished the anxiolytic-like effects of systemic BZ treatment, supporting the involvement of \( \alpha 1 \)-subtype in BZ-induced anxiolysis (Belzung, Le Guisquet, & Griebel, 2000). Other studies using BZ-site point mutant mice that rendered them insensitive to BZs, [\( \alpha 1(H101R) \), \( \alpha 2(H101R) \), and \( \alpha 3(H126R) \)], indicated the anxiolytic-like effects of systemic BZ treatment are largely mediated by \( \alpha 2 \)- rather than \( \alpha 1 \)- or \( \alpha 3 \)-subtype (Low et al., 2000; K. S. Smith et al., 2012). Still, other independent studies found that systemic
injection of the α3-selective PAM TP003 produced anxiolytic-like effects while systemic administration of the α3-selective inverse-agonist Alpha3IA caused an anxiogenic-like behavioral profile, supporting the possibility that α3-subtype also mediate BZ-induced anxiolysis (Atack et al., 2005; Dias et al., 2005).

BZ-sensitive GABA\(_{\text{AR}}\)s are located in a number of brain regions known to play roles in mediating behaviors indicative of anxiety, including the hippocampus, amygdala, and bed nucleus of stria terminalis (Pirker, Schwarzer, Wieselthal, Sieghart, & Sperk, 2000). Among them, the basolateral amygdala (BLA) is a particularly crucial brain region involved in the control of anxiety and fear-related behaviors, and is densely populated with BZ-sensitive GABA\(_{\text{AR}}\)s (M. Davis, 2000; File, 2000; LeDoux, 2000; Pirker et al., 2000). It receives various sensory inputs and sends processed information to the central amygdala (CeA), which is a main output nucleus controlling the downstream brain regions that contribute to fear/anxiety responses (Janak & Tye, 2015; Lee, Kim, Kwon, Lee, & Kim, 2013; Sah, Faber, Lopez De Armentia, & Power, 2003). Animal studies showed that non-selective BZs produce anxiolytic-like effects when injected directly into the BLA (McNamara & Skeleton, 1993; Menard & Treit, 1999; Pesold & Treit, 1995). However, it is currently unclear whether these anxiolytic-like effects are mediated by the action of BZs on particular α1-, α2- or α3-subtypes, or whether all subtypes act synergistically to reduce anxiety.

In this study, we utilized both the point mutant mice and the subtype selective GABA\(_{\text{AR}}\) PAMs to investigate the differential roles of α1-, α2- and α3-subtypes in BZ-induced anxiolysis after systemic injections. Further, we locally delivered the drugs to the BLA to test whether BLA is a crucial brain area mediating the anxiolytic-like effects found in global positive modulation of GABA\(_{\text{AR}}\) by systemic injection. Our overall goal is to assess and discern the differential contributions of α1-, α2- and α3-subtypes in mediating BZ-induced anxiolysis, both systemically and within the BLA.

**Clinical Significance**

The acute use of classic non-selective BZs is effective in reducing anxiety in humans. However, long-term use of BZs as an anxiolytic treatment can result in the development of tolerance and dependence, among many other side effects (Stevens & Pollack, 2005). Some evidence suggests that α1-subtype GABA\(_{\text{AR}}\)s mediate the undesirable addictive properties of BZs (Rudolph & Knoflach, 2011; Tan et al., 2010). A α1-subtype selective GABA\(_{\text{AR}}\) PAM, zolpidem, also causes motor-impairing and amnesic side effects in animal studies (Cope et al., 2004; Zanin et al., 2013), further reviewed in (Fitzgerald, Wright, & Heldt, 2014). Thus, developing subtype selective anxiolytics that have little affinity or efficacy to α1-subtype is promising (Atack, 2005).

In addition to BZs, selective serotonin reuptake inhibitors (SSRIs) that inhibit serotonin reuptake and augment synaptic serotonin levels are also effective in reducing anxiety; however, anxiolytic-like effects only develop following chronic, but not acute treatment. In fact, acute SSRI treatment actually increases fear and anxiety responses in
both human as well as in laboratory animals (Burghardt, Sullivan, McEwen, Gorman, & LeDoux, 2004; Grillon, Levenson, & Pine, 2007; Pettersson, Naslund, Nilsson, Eriksson, & Hagsater, 2015). The acute anxiogenic profile makes the usage of SSRI disadvantageous in cases where anxiety symptoms need to be managed acutely (Burghardt et al., 2004). Taken together, although classic non-selective BZs are suitable for acute treatment of anxiety disorders, their tolerance properties and side effects render them far from ideal for chronic anxiety management. Conversely, although SSRIs are effective in chronic treatment settings, they are disadvantageous for situations where anxiety symptoms need to be managed acutely. This makes the development of novel subtypes-selective GABA\textsubscript{A}R PAMs that retain the efficacy in anxiolysis but with their side effects minimized a promising venue for improving the existing pharmaceutical treatment options for anxiety disorders (Rudolph & Knoflach, 2011).

The purpose of the present study is to differentiate between the contributions of α1-, α2- and α3-subtype GABA\textsubscript{A}Rs to BZ-induced anxiolysis. Our work will clarify not only the general involvement of α-subtypes in BZ-induced anxiolysis but also reveal whether positive modulations of different α-subtypes in the BLA participate in the induction of anxiolysis. Our results may provide important evidence useful for the development of novel subtype selective drugs for the treatment of clinical anxiety disorders.

Overview of Experimental Design

Systemic Injection of Selective GABA\textsubscript{A}R PAMs

We examined the presence (or absence) of anxiolytic-like effects elicited by systemic administration of selective PAMs of α1-, α2- and/or α3-subtype GABA\textsubscript{A}Rs. To achieve this, we assessed the anxiety-like behaviors using the EPM after selective positive modulation of α1-, α2-, and/or α3-subtypes pharmacologically via systemic injection of the following compounds: (i) Zolpidem, a α1-selective GABA\textsubscript{A}R PAM; (ii) TP003, a α3-selective GABA\textsubscript{A}R PAM; (iii) L-838417, a partial PAM for the α2-, α3-, and α5-subtypes (McKernan et al., 2000), was administered to α3(H126R) mice expressing BZ-insensitive α3-subtype GABA\textsubscript{A}Rs. The latter approach (iii) was employed as we were unable to obtain a reliable α2-selective GABA\textsubscript{A}R PAM. Thus, a combination of selective drug and point mutant mice was used. The Ki value of L-838417 to α5-subtype GABA\textsubscript{A}Rs was ~3 times as high as that of α2- and α3-subtypes in a radioligand binding assay, although the efficacy of L-838417 at α5-subtype GABA\textsubscript{A}Rs was comparable to that of α2- and α3-subtypes (McKernan et al., 2000). Since the α5-subtype GABA\textsubscript{A}Rs have a much lower expression profile in the whole brain when compared to α1-, α2, and α3-subtypes (Whiting, 2003), and are considered non-essential in mediating BZ-induced anxiolysis (Collinson et al., 2002), we argue that the anxiolytic-like effect seen in this experiment should be predominantly due to the selective positive modulation of α2-subtype GABA\textsubscript{A}Rs.
Systemic Injection of Non-selective BZ

We examined the presence (or absence) of anxiolytic-like effects elicited by systemic administration of non-selective BZ to animals where a specific α-subtype was rendered BZ-insensitive. We tested whether the anxiolytic-like effect of systemic BZ treatment was blunted in α1(H101R), α2(H101R) or α3(H126R) mice as measured by the EPM. A similar line of study was previously conducted (K. S. Smith et al., 2012). We extended that study by including female subjects in our experiment and examining whether the anxiolytic-like effects of systemic BZ treatment are sex-dependent.

Intra-BLA Microinjection of Selective GABA\(_A\)R PAMs

Since the BLA is known to be a crucial brain region in mediating anxiety-like behaviors and anxiolytic-like effects of BZs (M. Davis, 2000; Green & Vale, 1992; Heldt & Ressler, 2006; Pesold & Treit, 1995; Sanders & Shekhar, 1995), we examined the presence (or absence) of anxiolytic-like effects elicited by administration of selective positive modulators of α1-, α2- and/or α3-subtype GABA\(_A\)Rs within the BLA. To achieve this, we assessed the anxiety-like behaviors using the EPM after administration of subtype selective pharmacological agents via intra-BLA microinjection. Mice were tested for anxiety-like behaviors after intra-BLA administration of one of the following drug treatments: (i) Zolpidem, a α1-selective GABA\(_A\)R PAM; (ii) TP003, a α3-selective GABA\(_A\)R PAM; (iii) a combination of selective drug, L-838417, and point mutant mice, α3(H126R), was used to achieve selective positive modulation of the α2- and α5-subtypes, as described in an earlier section. Since the expression of α5-subtype is low in the amygdala compared to α1-, α2- and α3-subtypes (Fritschy & Mohler, 1995; Mathiasen, Rodgers, & Mirza, 2007; Pirker et al., 2000), the effects seen should be predominantly due to the positive modulation of α2-subtypes.

Intra-BLA Microinjection of Non-selective BZ

We also examined the presence (or absence) of anxiolytic-like effects elicited by intra-BLA administration of non-selective BZ in animals where a specific α-subtype was rendered BZ-insensitive. To achieve this, we investigated whether the anxiolytic-like effects of intra-BLA microinjection of BZ were blunted in α1(H101R), α2(H101R) or α3(H126R) mice as measured by the EPM.

The current view that α2-subtype GABA\(_A\)Rs are necessary for mediating BZ-induced anxiolysis comes from studies showing that the anxiolytic-like effects of BZ were ablated in point mutant mice with BZ-insensitive α2-subtype GABA\(_A\)Rs, as assessed by the EPM (Low et al., 2000; K. S. Smith et al., 2012). In our experiments, we used the combination of subtype selective drugs and point mutant mice to gain further insights into the differential roles α1-, α2-, and α3-subtype GABA\(_A\)Rs play in anxiety and BZ-induced anxiolysis.
CHAPTER 2. LITERATURE REVIEW

Clinical Aspects of Anxiety Disorders

Anxiety disorders are common psychiatric conditions with a 28.8% lifetime prevalence among U.S. adults and cause significant economic burden to both patients and society (Kessler et al., 2005; Kessler & Greenberg, 2002). They are an umbrella of several specific disorders, including, but not limited to, generalized anxiety disorder, phobias, and panic attacks (American Psychiatric Association, 2000). Normal levels of anxiety and fear are essential for vigilance and adaptation towards a threat uncertainty, and dissipate quickly when signals that indicate safety arise. However, pathological anxiety and fear during the interpretation and response towards threat uncertainty are maladaptive and can cause suffering of the subject (Grupe & Nitschke, 2013).

Anxiety disorders can be managed by both psychotherapy and pharmacotherapy in the clinic. Various modalities of psychotherapy were developed or adapted to treat anxiety disorders with promising effectiveness, such as cognitive behavioral therapy and interpersonal psychotherapy (Graham & Milad, 2011; Markowitz, Lipsitz, & Milrod, 2014). Several lines of pharmacotherapy options are also available, such as antidepressant (SSRIs and SNRIs), azapirones, and benzodiazepines (Chessick et al., 2006; Farach et al., 2012; Katzman et al., 2014; Reinhold & Rickels, 2015). However, these traditional treatment options have several limitations, such as significant side effects, or prolonged delay before the onset of efficacy, see the "Clinical Significance" section in Chapter 1.

Animal Models for Assessing Fear and Anxiety-like Behaviors

The terms “fear” and “anxiety” co-occur very often in the literature and are indeed deeply intertwined with each other (Suinn, 1969). In recent years, the distinctive differences between anxiety and fear have become increasingly recognized from both behavioral and neural circuitry points of view, and the different but overlapping underlying neural circuitries are being elucidated (M. Davis, Walker, Miles, & Grillon, 2010; Perusini & Fanselow, 2015; Tovote, Fadok, & Lüthi, 2015). In animals, the predatory imminence theory provides an accepted distinction between fear, and anxiety (Perusini & Fanselow, 2015).

To study the neurological basis of anxiety and fear, researchers have long used the behaviors of animals as models of these complex human emotions. To validate an animal behavioral paradigm as a tool to study the emotion of fear and anxiety, face validity (whether the test appears to measure the emotion), construct validity (whether the parameter collected reflects the underlying emotion), as well as predictive validity (whether the test can predict other measures of the emotion) must be met, although these standards are evolving (Belzung & Lemoine, 2011; Walf & Frye, 2007; Willner, 1984). In animals, the anxiety-like and fear-like behaviors are usually measured by their
responses to either (i) a potential, non-specific threat, such as exposure to an open space; (ii) a specific, but unconditioned threat, such as exposure to a predator odor; or (iii) a specific, conditioned, but non-imminent cue, such as an environmental context which is experimentally associated with a distinctive aversive stimulus, or (iv) a specific, conditioned, and imminent cue which is experimentally associated with a distinctive aversive stimulus, e.g. (Goosens & Maren, 2001; Wilson & Junor, 2008). Further, stress-induced behavioral alterations and social interaction tests are also commonly used (File & Hyde, 1979; Fuchs & Flugge, 2006; Zethof, Van der Heyden, Tolboom, & Olivier, 1995).

In rodents, anxiety-like behaviors are assessed by behavioral paradigms such as open field, EPM, light dark box, defensive burying test, social interaction test, and stress-induced hyperthermia test. Conversely, fear-like behaviors are typically assessed following a training session where punishing stimuli are delivered, such as Pavlovian conditioning paradigms (Adriaan Bouwknecht, Olivier, & Paylor, 2007; Bailey & Crawley, 2009; Blanchard, Griebel, & Blanchard, 2003; Curzon, Rustay, & Browman, 2009; M. Davis, 1993; File, 1980; Njung'e & Handley, 1991; Pellow & File, 1986).

In animals, experimental exposures to stressful or aversive stimuli, brain lesions, and genetic / pharmacological manipulations can produce excessive fear and anxiety-like behaviors which serve as models of pathological conditions in humans. It is reported that stressful events, such as immobilization, maternal separation, and social defeat might lead to heightened state of anxiety in rodents (Huang et al., 2015; Kedia & Chattarji, 2014; Romeo et al., 2003). Recent study also reveals that mice display an elevated state of fear and anxiety following exposure to closed-head mild traumatic brain injury (Heldt et al., 2014). These models are particularly useful in mimicking various clinical conditions where pathological anxiety is induced by a known stressor.

In this study, we used the EPM test, a validated behavioral paradigm to measure anxiety in rodents (Pellow & File, 1986; Walf & Frye, 2007), to study the differential anxiolytic-like effects of various GABA<sub>A</sub>R PAMs and the differential contributions of α1-, α2-, and α3-subtype GABA<sub>A</sub>Rs to anxiety-like behaviors.

**Brain Areas and Neurotransmitters Involved in Fear and Anxiety**

Brain areas and their associated neurocircuitry that mediate fear and anxiety are highly conserved across a wide range of species (Adolphs, Tranel, Damasio, & Damasio, 1995; Davies, Martinez-Garcia, Lanuza, & Novejarque, 2002; Janak & Tye, 2015). This is not surprising when considering the evolutionary importance of adaptive fear and anxiety in the survival of most species (Marks & Nesse, 1994; Ohman & Mineka, 2001; Price, 2003). While many brain regions participate in the generation and modulation of fear and anxiety behaviors, the amygdala, bed nucleus of the stria terminalis (BNST), hippocampus, hypothalamus, periaqueductal grey (PAG), and prefrontal cortex are well recognized as playing important roles in these processes (Avery, Clauss, & Blackford, 2015; Bishop, Duncan, Brett, & Lawrence, 2004; Graeff, 2007; Graeff, Silveira,
These regions are admittedly not exclusively involved in fear and anxiety processes and both past and continued research recognizes that other brain areas, such as the lateral septum, also participate in these processes (Anthony et al., 2014).

The precise balance of neurotransmitter release in these brain areas is critical for their normal functions, e.g. (Gao et al., 2014; Prager, Bergstrom, Wynn, & Braga, 2015). Over the past few decades, a number of neurotransmitters have been identified to be involved in mediating fear and anxiety, including but not limited to, GABA, serotonin, norepinephrine, neurosteroids, and acetylcholine (Charney, Heninger, & Breier, 1984; Feighner & Boyer, 1989; File, Gonzalez, & Andrews, 1998; Hoehn-Saric, 1982; Kavaliers, Wiebe, & Galea, 1994). The roles these neurotransmitters and their receptors play in mediating anxiety and fear within the amygdala, BNST, and hippocampus are of great interest and are reviewed in the following sections.

**Amygdala**

The amygdala complex is often divided into three major subdivisions: the basolateral amygdala (BLA), the central nucleus (CeA), and the medial nucleus (MeA) (Butler et al., 2012). Sensory input from cortical and thalamic regions converge to the BLA. In turn, the BLA sends efferent projections to separate subdivisions of the CeA and further project to various brain regions including the hypothalamus and the PAG (Janak & Tye, 2015).

**Amygdalar structure and fear / anxiety**

In humans, damage to the BLA results in impairments in conditioned fear acquisition and fear recognition, as well as decreases in levels of anxiety (Adolphs et al., 2005; Dellacherie, Hasboun, Baulac, Belin, & Samson, 2011; Klumpers, Morgan, Terburg, Stein, & van Honk, 2015). Currently, there is limited evidence available regarding the impact of specific focal lesions of the CeA in human; although, it is reported that the impairments in fear recognition are comparable between humans with complete unilateral amygdala damage and unilateral BLA damage that spares the CeA (Dellacherie et al., 2011).

Most evidence revealing the role the amygdala plays in fear and anxiety comes from animal studies. Lesions of the CeA in adolescent rhesus monkeys resulted in the suppression of fear expressions when they were confronted with potentially threatening stimuli (Kalin, Shelton, & Davidson, 2004), although neonatal amygdalar lesions resulted in an impaired but not abolished fear response in macaques, suggesting that although amygdala is an important structure for mediating fear response, other parallel pathways also exist during development (Kazama, Heuer, Davis, & Bachevalier, 2012). Lesions of the BLA in rats lead to impaired conditioned avoidance, but left intact behavioral suppression response to the conditioned aversive stimulus, while CeA lesions resulted in reduced conditioned behavioral suppression, but left intact conditioned avoidance,
studies suggest a marked distinction between the contribution of BLA and CeA to fear response (Killcross, Robbins, & Everitt, 1997). More recent studies showed that both lateral amygdala and CeA lesions, as well as disconnection between the two regions, resulted in deficits in fear processing and conditioned suppression (Campese, Gonzaga, Moscarello, & LeDoux, 2015). Lesions of the CeA in rats resulted in reduction of stress-induced anxiety as measured by the EPM, as well as both contextual and cued-fear in a fear conditioning paradigm (Möller, Wiklund, Sommer, Thorsell, & Heilig, 1997; Sullivan et al., 2004; Ventura-Silva et al., 2013). Lesion of the MeA or BLA in mice also lead to reduction of anxiety (Wang, Zhao, Liu, & Fu, 2014). These studies suggested an indispensable and complex role of amygdala in mediating fear and anxiety-like behaviors.

In addition to classic lesion studies, the use of advanced circuitry mapping approaches, such as optogenetics (Boyden, 2011; Boyden, Zhang, Bamberg, Nagel, & Deisseroth, 2005), has added to the growing evidence supporting the key role the amygdala plays in mediating fear and anxiety. Overall, non-selective activation of BLA somata resulted in an anxiogenic outcome (Tye et al., 2011). On a projection-specific level, it is reported that optogenetic activation of the BLA to medial prefrontal cortex (mPFC) projection resulted in elevated anxiety-like behaviors while optogenetic inhibition of the pathway resulted in anxiolytic-like outcomes (Felix-Ortiz, Burgos-Robles, Bhagat, Leplla, & Tye, 2015). Similar behavioral effects of optogenetic manipulation on social interaction were also found upon stimulating or inhibiting the BLA to ventral hippocampus projection (Felix-Ortiz & Tye, 2014). However, it is reported that optogenetic activation of the BLA to anterodorsal BNST projection, as well as the BLA to CeA projection, elicited anxiolytic-like effects (Kim et al., 2013; Tye et al., 2011). These studies suggested that although the net output of BLA projection likely produces an anxiogenic profile, the projections from BLA to different brain areas have distinct and, in some cases, opposite effects.

**Amygdalar GABAergic signaling and fear / anxiety**

The pivotal role amygdala plays in anxiety and fear is also supported by numerous pharmacological studies that employed local manipulation of various neurotransmitters and receptors. For example, intra-BLA microinjection of BZs elicited anxiolytic-like effects, whereas intra-BLA microinjection of GABA<sub>R</sub> antagonists produced an anxiogenic-like outcome (M. Davis, 2000; Green & Vale, 1992; Heldt & Ressler, 2006; Pesold & Treit, 1995; Sanders & Shekhar, 1995). Intra-CeA microinjection of midazolam elicited anxiolytic-like effects as measured by the shock-probe burying paradigm but not the EPM. Thus, the anxiolytic-like effects of BZ manipulation in the CeA appeared to be task-dependent (Pesold & Treit, 1995). Other studies reported that microinjections of the GABA<sub>R</sub> agonist muscimol into the CeA, rather than the BLA, produced anxiolytic-like effects as measured by the EPM (Moreira, Masson, Carvalho, & Brandão, 2007). The results from these two studies suggested differential effects of benzodiazepines (GABA<sub>R</sub> positive allosteric modulators) versus muscimol (GABA<sub>R</sub> agonist) when microinjected to the BLA. Taken together, these studies suggested that GABAergic neurotransmission in the amygdala mainly inhibits
fear and anxiety. However, at present, the effects of microinjection of GABAAR subtype selective compounds in the amygdala remains largely unclear due to limited supporting evidence.

A number of subpopulations of GABAergic interneurons reside in the amygdala complex. They can be divided roughly into the following three groups: a parvalbumin-positive population, a cholecystokinin-positive population, and a somatostatin-positive population (Spampanato, Polepalli, & Sah, 2011; Wolff et al., 2014). It is reported that both parvalbumin and somatostatin interneurons in the BLA are implicated in fear learning via an indirect parvalbumin-somatostatin-pyramidal neuron dis-inhibitory microcircuit (Wolff et al., 2014). Increased number of parvalbumin neurons was correlated with reduced anxiety-like behaviors in a study that investigated the effects of exposure to enriched environment (Urakawa et al., 2013). Another study showed that the paraventricular nucleus of the thalamus innervated the somatostatin interneurons in the lateral CeA and this pathway is implicated in the control of fear processing (Penzo et al., 2015).

**Other amygdalal neurotransmitters and fear / anxiety**

Besides GABAergic signaling, many other neurotransmitters, such as dopamine and serotonin, are also implicated in anxiety and fear-like behaviors in the amygdala. A number of studies, reviewed by de la Mora: (de la Mora, Gallegos-Cari, Arizmendi-Garcia, Marcellino, & Fuxe, 2010), showed that microinjection of a dopamine D1 receptor agonist to the amygdala (both the BLA and the CeA) elicited anxiogenic-like effects while microinjection of a D1 receptor antagonist resulted in anxiolytic-like effects; further, microinjection of a D2-like receptor antagonist in the BLA resulted in anxiolytic-like effects while microinjection of a D2-like receptor antagonist in the CeA produced paradoxical, task-dependent anxiogenic / anxiolytic-like effects (Greba, Gifkins, & Kokkinidis, 2001; F.A. Guarraci, Frohardt, Falls, & Kapp, 2000; F.A. Guarracci, Frohardt, & Kapp, 1999; Lamont & Kokkinidis, 1998; Perez de la Mora et al., 2012). A study found that dopamine interacted with GABAergic signaling by inhibiting GABA release from parvalbumin-positive interneurons in the BLA (Chu, Ito, Li, & Morozov, 2012; Pape, 2005). This finding offered a possible explanation for dopamine-driven disinhibition of the amygdala and subsequent behavioral outcomes. Another important neurotransmitter, serotonin, also plays a role in regulating the function of the amygdala. A study employing a microdialysis approach suggested that serotonin concentration in the BLA complex was elevated during a conditioned fear test (Zanoveli, Carvalho, Cunha, & Brandao, 2009). In another study, administration of serotonin to the amygdala resulted in anxiogenic-like effects as measured by conflict test, whereas depletion of serotonin in the BLA resulted in anxiolytic-like effects as measured by a social interaction paradigm and reduced fear response in a conditioned fear test (Hodges, Green, & Glenn, 1987; Johnson et al., 2015). Thus, both dopaminergic and serotonergic neurotransmission in the amygdala mainly promote fear and anxiety. This is in contrast with studies showing anxiolytic-like effects after chronic, systemic SSRI treatment that augmented extracellular serotonin level over a prolonged period of time (Abuhamedah, Hussain, Chazot, & Ennaceur, 2015; Dulawa, Holick, Gundersen, & Hen, 2004).
However, considering the studies that showed acute systemic SSRI treatment indeed promotes fear and anxiety-like behaviors both in rodents as well as in humans (Burghardt et al., 2004; Grillon et al., 2007), it is plausible that chronic enhancement of serotonergic transmission in the amygdala might allow anxiolytic-like effects to develop.

Other neurotransmitters, such as neuropeptides and neurosteroids, are also involved in the physiological function of the amygdala that controls fear and anxiety. It is reported that microinjection of neuropeptide Y into the BLA, but not CeA, elicited anxiolytic-like effects as measured by a social interaction paradigm (Sajdyk, Vandergriff, & Gehlert, 1999). Knockdown of cholecystokinin peptide by shRNA in the BLA elicited anxiolytic-like effects as measured by the EPM (Del Boca, Lutz, Le Merrer, Koebel, & Kieffer, 2012). Microinjection of a neurosteroid, allopregnanolone, into the amygdala resulted in anxiolytic-like effects as measured by both EPM and a defensive burying task (Engin & Treit, 2007a). These findings indicated that there is complexity due to the multitude of neurotransmitters in the amygdala and prompted further investigation of neurochemical dysregulation in the amygdala in the context of fear and anxiety.

All of the abovementioned studies, ranging from lesion studies, optogenetic studies, pharmacological studies and behavioral studies, support the major role the amygdala plays in mediating fear and anxiety. It is also worth pointing out that due to multiple effects of various projections, microcircuitries, and neurotransmitters in the amygdala, it is particularly interesting to dissect out the molecular and cellular causes of these phenomena.

**Bed Nucleus of the Stria Terminalis**

The bed nucleus of the stria terminalis (BNST) belongs to the extended amygdalar structure (Swanson & Petrovich, 1998) and receives prominent inputs from the amygdala. Similar to the CeA, which also receives direct projection from the BLA, the BNST gives rise to projections that target common downstream brain areas such as the hypothalamus, and has been implicated in behaviors such as stress responses and anxiety. However, unlike the CeA, which mediates fast expression of fear and anxiety, the BNST is thought to be an important player in the orchestration of slow onset, prolonged fear and anxiety responses (Dong, Petrovich, & Swanson, 2001; Haufler, Nagy, & Pare, 2013; Sakanaka, Shibasaki, & Lederis, 1986; Spencer, Buller, & Day, 2005; Walker, Toufexis, & Davis, 2003).

Lesions of the BNST resulted in selective impairment of contextual fear but not cued-fear, which was in contrast to CeA lesions that impaired both functions (Sullivan et al., 2004). Inactivation of BNST blocked defensive responses towards fox odor as well as alarm pheromones in rodents (Breitfeld et al., 2015; Fendt, Endres, & Apfelbach, 2003). These findings suggested that BNST is largely responsible for behavior responses to the environmental context.
The role that the BNST plays in fear and anxiety is further elucidated by several optogenetics studies. Importantly, a study revealed that the two subdivisions of BNST showed opposite functions, in which activities in the oval BNST sub-nucleus increased anxiety and activities in the anterodorsal BNST sub-nucleus inhibited anxiety. Also, photostimulation of the BLA to anterodorsal BNST projection elicited anxiolytic-like effects as measured by the EPM test (Kim et al., 2013). It was reported that photostimulation of the glutamatergic BNST to ventral tegmental area (VTA) projections resulted in an anxiogenic-like outcome whereas photostimulation of the GABAergic BNST to VTA projections lead to anxiolytic-like outcome (Jennings et al., 2013). These results demonstrated how BNST is intertwined with other brain regions, such as the BLA and the VTA, to orchestrate the fine tuning of fear and anxiety-like behaviors.

GABAergic transmission is shown to be involved in mediating a number of physiological functions and behavioral outcomes in the BNST. A study reported that deletion of the α1-subunit of GABA$_{A}$Rs in the corticotropin-releasing factor-positive (CRF$^+$) neurons (CRF-α1 KO) resulted in an anxiogenic outcome, which could be rescued by intra-BNST microinjection of a CRF antagonist. Same study also showed that microinjection of the α1-subtype selective PAM zolpidem in the BNST elicited anxiolytic-like effects in WT but not CRF-α1 KO mice (Gafford et al., 2012). Further, norepinephrine signaling in the ventral BNST was shown to be crucial for fear responses towards fox odor in rodents. A study reported that the noradrenaline level in the ventral BNST was significantly increased in response to trimethylthiazoline exposure, and microinjection of clonidine, a α2-adrenergic agonist that lowers noradrenaline level, in the ventral BNST abolished fox odor induced fear potentiation (Fendt, Siegl, & Steiniger-Brach, 2005). Further, sex hormones and neurosteroids are both implicated in modulating fear and anxiety-like behaviors in the BNST (Nagaya, Acca, & Maren, 2015; Toufexis, 2007).

To sum up, the BNST constitutes an integral part of the extended amygdalar structure, and together with the BLA and CeA, they control a large range of emotional responses and exert interconnected and inter-balanced effects via multiple projections.

**Hippocampus**

Hippocampal formation (short-hand as “hippocampus” in the following text) can be roughly divided into dorsal and ventral portions, and further subdivided into several fields, including cornus ammoni (CA)1, CA2/CA3, and dentate gyrus (DG) (Amaral & Lavenex, 2007). Studies have shown that lesions of the ventral hippocampus lead to impairment of normal expression of anxiety, and it is believed that while the dorsal hippocampus is mostly involved in memory processing, the ventral hippocampus is mostly involved in anxiety (Bannerman et al., 2003; Bannerman et al., 2004).

A recent optogenetic study revealed that the DG was differentially involved in anxiety versus fear. It was reported that the dorsal division was more involved in contextual fear encoding, whereas the ventral division was more involved in innate
anxiety, signifying the dissociation of the differential functional roles played by the intra-hippocampal subdivisions (Fournier & Duman, 2013; Kheirbek et al., 2013). The connection from BLA to ventral hippocampus is also implicated in social anxiety (Felix-Ortiz & Tye, 2014).

Intra-hippocampal microinjection of BZ, among many other compounds, such as certain serotonergic agonists and neurosteroids, results in anxiolytic-like effects (Engin & Treit, 2007b). A recent study utilizing intra-BLA microinjection of subtype selective GABAA Rs ligands revealed that the anxiety-like behaviors were mediated by the α2-subtype GABAA Rs in the ventral hippocampus, whereas fear memory processing was mediated by the α5-subtype GABAA Rs in the dorsal hippocampus (McEown & Treit, 2013).

To sum up, the hippocampus is a complex structure with multiple functions. The ventral hippocampus is an important brain structure that receives input from the BLA and is implicated in anxiety-like behaviors, whereas the dorsal hippocampus is more involved in learning, memory and fear-related behaviors.

The Differential Functional Roles of GABAA Rs Subtypes

Most attempts to determine the contribution of the α1-, α2-, α3-, and α5-subtypes GABAA Rs in mediating behaviors have come from studies examining the effects of classic BZs (such as diazepam, chlordiazepoxide, midazolam, etc.) and other BZ-like ligands (such as zolpidem, L-838417, and TP003). These compounds often differ in their affinity and efficacy for different α-subtypes, and those that display preferential affinity and/or efficacy towards particular α-subtypes are referred to as subtype selective drugs. In combination with the use of these GABAA Rs ligands and genetically modified mice (KO, point-mutants), past studies have elucidated various functional differences among different α-subtype GABAA Rs.

The α1-subtype GABAA Rs

Currently, the role that α1-subtype GABAA Rs play in fear and anxiety is unclear. In mice, systemic injection of α1-subtype selective antagonists blocked BZ-induced anxiolysis as measured by the EPM, suggesting an important role of α1-subtype in mediating BZ-induced anxiolysis (Belzung et al., 2000). Likewise, in mice that express BZ-insensitive α1-subtype GABAA Rs, i.e. the α1(H101R) mice, BZ-induced inhibition of a conditioned fear response was abolished, suggesting that α1-subtype GABAA Rs are necessary for the effects of BZ on fear-like behaviors (K. S. Smith et al., 2012). In contrast, the study showed that BZs retained their anxiolytic-like effects in α1(H101R) mice as measured by the EPM test, suggesting that the α1-subtype is not essential for BZ-induced anxiolysis (K. S. Smith et al., 2012). The fact that systemic injection of zolpidem produced debatable anxiolytic-like effects that were sensitive to experimental conditions
such as illumination of the maze (Savic et al., 2004) suggested that the role α1-subtype 
GABA$_A$Rs play in mediating anxiolysis was influenced by complex variables.

In contrast to its role in fear and anxiety-like behaviors, the role the α1-subtype 
plays in sedation, aggression, amnesia and in addiction to BZs is better understood. The 
sedative effects of diazepam were abolished in the α1(H101R) mice, suggesting the 
involvement of α1-subtype GABA$_A$Rs in sedation (McKernan et al., 2000). Similarly, the 
aggression-promoting effects of midazolam were abolished in α1(H101R) mice in a 
social interaction paradigm, suggesting the involvement of α1-subtype GABA$_A$Rs in BZ-
induced escalation of aggression (Newman et al., 2015). Further, it is reported that 
systemic administration of β-CCT, a α1-subtype selective antagonist, reduced alcohol-
induced aggressive behaviors. However, interestingly, systemic administration of 
zolpidem did not increase ethanol-induced aggression, which could be attributed to the 
sedative effects of zolpidem (de Almeida, Rowlett, Cook, Yin, & Miczek, 2004). The 
amnesic effects of diazepam, as assessed by a passive-avoidance paradigm, was also 
abolished in α1(H101R) mice, suggesting the involvement of α1-subtype GABA$_A$Rs in memory 
processing (Rudolph et al., 1999). Similarly, amnesic / motor-impairing effects 
were also observed following systemic administration of zolpidem (Cope et al., 2004; 
Zanin et al., 2013), further reviewed in (Fitzgerald et al., 2014). Other studies have 
implicated α1-subtype GABA$_A$Rs in drug abuse and addiction (Rowlett & Lelas, 2007; 
Tan, Rudolph, & Luscher, 2011), as well as in anxiety induced by acute BZ-withdraw 
(Divljakovic et al., 2013).

Several studies have begun to elucidate the specific roles played by α1-subtype 
GABA$_A$Rs in different brain areas. Deletion of α1-subtype GABA$_A$Rs within the 
amygdala reportedly disrupted the anticonvulsant and sedative effects of BZ. However, 
the anxiolytic-like effects of BZ, as measured by the EPM, were unaffected, suggesting 
that the α1-subtype is not essential for amygdala-mediated anxiety-like behaviors (Heldt 
& Ressler, 2010). Conversely, microinjection of zolpidem to the BNST resulted in 
anxiolytic-like effects, as measured by the open field test (Gafford et al., 2012). These 
results suggest that the role played by α1-subtype GABA$_A$Rs in fear and anxiety-like 
behaviors is brain region specific.

Together, current evidence suggests that the α1-subtype GABA$_A$Rs are involved 
in sedative, amnesic, and addictive effects of BZs (Rudolph & Knoflach, 2011). On the 
basis of currently published studies, the relative importance of the α1-subtype GABA$_A$Rs 
in mediating BZ-induced anxiolytic-like behaviors is ambiguous, however its role may 
deck upon the specific brain regions, the behavioral test conditions, and the particular 
responses used to assess anxiety-like behaviors.

The α2-subtype GABA$_A$Rs

The role that α2-subtype GABA$_A$Rs play in BZ-induced reductions of fear and 
anxiety-like behaviors is well documented. The inhibitory effects of diazepam and CDP 
on anxiety-like behavior, as measured by the EPM, and fear-like behavior, as measured
by fear potentiated startle test, were reduced in α2(H101R) mice (Low et al., 2000; K. S. Smith et al., 2012). Genomic deletion of the α2-subunit also abolished the anxiolytic-like effects of diazepam (Dixon, Rosahl, & Stephens, 2008). In contrast, a study showed that the sedative effects of diazepam were weakened in α1(H101R) mice that possess BZ-sensitive α2-subtype GABA_{A}Rs when compared to induced sedation in WT mice (McKernan et al., 2000). This evidence suggests that α2-subtypes are not overtly involved in BZ-induced sedation.

The above findings showing that lack of involvement of α2-subtype in sedation support the theory that α2-subtype selective PAMs might be good candidates for use as day-time anxiolytic drugs, as the sedative effects of classic BZs are problematic for their day-time use (Rudolph & Knoflach, 2011). In recent years, two compounds that have preferential efficacy at both α2- and α3-subtype GABA_{A}Rs, TPA023 and TPA023B, have been developed and tested in animal experiments as well as clinical trials. In both animals and humans, these compounds reduce anxiety without major sedative effects even at high dose, however, issues with toxicity complicated the continuation of a clinical trial (Atack, 2010b; Atack, Wafford, et al., 2006).

The putative α2-subtype selective agonist TCS-1105 (also known as “compound 1c”) reportedly exerted anxiolytic-like effects as measured by the light-dark box test (Taliani et al., 2009). However, since the selectivity of this compound was tested in α1β2γ2, α2β2γ2, and α5β3γ2 recombinant GABA_{A}Rs, but not α3-containing GABA_{A}Rs, the selectivity of this compound in α2-subtype versus α3-subtype is unclear at present. Currently, a reliable α2-subtype selective compound is sought-after by the field.

The α2-subtype GABA_{A}Rs are also implicated in regulating depression-like behaviors (Engin, Liu, & Rudolph, 2012; Vollenweider, Smith, Keist, & Rudolph, 2011) and the myorelaxation effects of BZs in mice (Crestani et al., 2001). Further, recent pharmacological studies as well as human genetics revealed that α2-subtype GABA_{A}Rs are also involved in reward-related behaviors and addiction (Dixon et al., 2010; Engin et al., 2014). This evidence might argue against the use of α2-selective PAM for anxiety management as habit-forming might be a possible side-effect.

To sum up, current evidence suggests that α2-subtype GABA_{A}Rs are implicated in anxiety-like, depression-like and schizophrenia-like behaviors and are a promising target for the development of novel therapeutics (Engin et al., 2012).

**The α3-subtype GABA_{A}Rs**

Currently, the role that α3-subtype GABA_{A}Rs play in fear and anxiety is still debatable. On one hand, in an experiment using point mutant mice, it is reported that systemic injection of diazepam retained its effects in inducing anxiolysis as well as fear reduction in α3(H126R) mice carrying BZ-insensitive α3-subtype GABA_{A}Rs (K. S. Smith et al., 2012). Genomic knockout of the α3-subunit did not affect baseline anxiety behavior or diazepam-induced anxiolysis (Yee et al., 2005). These findings suggest that
the $\alpha_3$-subtype GABA$_A$Rs are not essential for mediating anxiety and BZ-induced anxiolysis. On the other hand, studies using the $\alpha_3$-subtype selective PAM TP003 showed that systemic injections produced anxiolytic-like effects, as measured by the EPM and stress-induced hyperthermia in rodents as well as by a conflict test paradigm in primates (Dias et al., 2005; Fischer et al., 2011). In a conditioned emotional response paradigm, the $\alpha_2$-, $\alpha_3$- and $\alpha_5$-subtype selective compound, L-838417 retained its anxiolytic-like effects in $\alpha_2$(H101R) mice, suggesting that $\alpha_3$- and/or $\alpha_5$-subtype GABA$_A$Rs mediate L-838417-induced anxiolysis independent of $\alpha_2$-subtype GABA$_A$Rs (Morris, Dawson, Reynolds, Atack, & Stephens, 2006). In another study, the systemic injections of the $\alpha_3$-subtype selective BZ-site inverse agonist named Alpha3IA produced an anxiogenic-like profile as measured by the EPM in rodents (Atack et al., 2005). Together, these studies suggest that selective modulation of $\alpha_3$-subtype GABA$_A$Rs by BZ-site ligands is sufficient to alter anxiety-like behaviors. Further, it is reported that blockade of 5-HT$_{1A}$ receptors reversed the anxiolytic-like effects elicited by TP003 in a stress-induced hyperthermia paradigm. This finding suggests that $\alpha_3$-subtype GABA$_A$Rs are involved in the interaction between GABAergic and serotonergic transmission (Vinkers, van Oorschot, Korte, Olivier, & Groenink, 2010). Together, current findings suggest that $\alpha_3$-subtype GABA$_A$Rs play a sufficient, but not necessary role in mediating anxiety-like behaviors and BZ-induced anxiolysis.

Similar to $\alpha_2$-subtypes, it is generally accepted that $\alpha_3$-subtype GABA$_A$Rs are not overtly involved in BZ-induced sedation as diazepam failed to elicit sedative effects in $\alpha_1$(H101R) mice with intact $\alpha_3$-subtype GABA$_A$Rs at doses that would induce sedation in WT mice (McKernan et al., 2000). It is also reported that $\alpha_3$-subtype GABA$_A$Rs appeared to be non-essential for mediating the effects of BZ on sleep EEG (Kopp, Rudolph, Keist, & Tobler, 2003). Lack of $\alpha_3$-subtype GABA$_A$Rs resulted in hyperdopaminergic and schizophrenia-like behavioral phenotypes hallmarked by sensorimotor gating deficits which could be reversed by treatment of antipsychotic drug haloperidol, suggesting that $\alpha_3$-subtype GABA$_A$Rs’ involvement in schizophrenia (Yee et al., 2005). Similar to $\alpha_2$-subtype, the $\alpha_3$-subtype GABA$_A$Rs are also involved in myorelaxation effects of BZs in rodents as well as in primates (Crestani et al., 2001; Fischer et al., 2011). Currently, little is known about whether the $\alpha_3$-subtype GABA$_A$Rs are also involved in the addictive property of BZs or not.

To sum up, current evidence suggests that $\alpha_3$-subtype GABA$_A$Rs play a role in mediating anxiolytic-like and myorelaxative, but not sedative effects of BZs. The $\alpha_3$-subtype GABA$_A$Rs are also implicated in schizophrenia-like behaviors in rodents.

The $\alpha_5$-subtype GABA$_A$Rs

The $\alpha_5$-subtype GABA$_A$Rs differed from $\alpha_1$-, $\alpha_2$-, and $\alpha_3$-subtypes in that their expression, on the protein level, is enriched in the olfactory bulb, hippocampus and spinal trigeminal nucleus, and their expression elsewhere is comparatively low (Fritschy & Mohler, 1995; Mathiasen et al., 2007; Pirker et al., 2000). Further, their subcellular expression patterns are mainly extrasynaptic and, thus they are thought to mediate tonic
GABAergic inhibition (Crestani et al., 2002; Farrant & Nusser, 2005; Fritschy, Johnson, Mohler, & Rudolph, 1998; Groen et al., 2014). Due to the recognized involvement of the hippocampus in learning and memory processes, the prominent enrichment of $\alpha_5$-subtype GABA$_A$Rs in the hippocampus was postulated to play specific roles in mediating learning and memory. The $\alpha$-subunit knockout mice performed better in a spatial learning task (Collinson et al., 2002), and inverse agonism of the $\alpha_5$-subtype by a compound named L-655,708 resulted in cognitive improvement both under normal physiological conditions, and after general isoflurane-induced anesthesia where short-term memory was markedly impaired (Atack, Bayley, et al., 2006; Zurek, Bridgwater, & Orser, 2012).

Currently, the evidence for the involvement of $\alpha_5$-subtype GABA$_A$Rs in anxiety is limited and contradictory. Mice with genetic deletion of the $\alpha_5$-subunit (α5-subunit KO) performed similarly to WT mice on the EPM test and in response to BZ (Collinson et al., 2002). Administration of a $\alpha_5$-subtype selective inverse agonist, $\alpha$5IA, also did not significantly alter anxiety-like behaviors in rodents (Dawson et al., 2006). However, a study indicated that administration of another $\alpha_5$-subtype selective inverse agonist, L-655,708, resulted in anxiogenic-like effects in the EPM paradigm (Navarro, Burón, & Martín-López, 2002), although questions were raised as to whether these effects were indeed mediated exclusively by the $\alpha_5$-subtype GABA$_A$Rs (Atack, Bayley, et al., 2006). Together, currently the majority evidence suggests that the $\alpha_5$-subtype GABA$_A$Rs appear unnecessary for mediating anxiety-like behaviors.

The $\alpha_4$- and $\alpha_6$-subtype GABA$_A$Rs

The $\alpha_4$- and $\alpha_6$-subtype GABA$_A$Rs differ from the abovementioned receptor subtypes, in that they are insensitive to BZs due to the lack of (i) a crucial histidine residue required for the formation of functional BZ-site, and (ii) their preferential association with the $\delta$-subunit (Caruncho & Costa, 1994; Sur et al., 1999; Wafford et al., 1996; Wieland, Lüddens, & Seeburg, 1992). They are known to mediate extrasynaptic tonic GABAergic inhibition (Belelli et al., 2009; Brickley & Mody, 2012; Farrant & Nusser, 2005; Hamann, Rossi, & Attwell, 2002).

One feature of $\alpha_4$-subtype GABA$_A$Rs is their sensitivity towards neurosteroid and hormonal modulation. This sensitivity was postulated to be involved in mediating many sex-differences in anxiety states, such as premenstrual, post-partum as well as peripuberty anxiety (Gulinello, Gong, Li, & Smith, 2001; Gulinello, Orman, & Smith, 2003; Shen et al., 2007; S. S. Smith et al., 1998). The $\alpha_4$-subtype GABA$_A$Rs are also regulated by stress hormones and steroids, such as corticotrophin releasing hormone and 3α,5α[β]-THP, and are thought to be a key player in mediating stress and anxiety responses in a sex dependent manner (Mody & Maguire, 2011; Shen, Mohammad, Ramroop, & Smith, 2013; S. S. Smith, 2013; S. S. Smith, Shen, Gong, & Zhou, 2007).

Limited evidence indicates that $\alpha_6$-subtype GABA$_A$Rs are involved in regulating fear and anxiety, amongst other behaviors and physiological functions. One report showed that midazolam-induced anxiolysis is attenuated in human subjects carrying the
Pro385Ser mutation in the α6-subunit (Hoffman, Balyasnikova, Mahay, Danilov, & Baughman, 2002). Some evidence also suggested that genetic variation within the α6-subunits is associated with epilepsy in human (Hernandez, Gurba, Hu, & Macdonald, 2011; Hirose, 2014). Also, a reduction of α6-subunit protein expression was reported in the superior frontal cortex of autistic subjects (Fatemi et al., 2014). Further, α6-subtype GABA<sub>A</sub>Rs are also implicated in alcohol dependency (Loh & Ball, 2000).

In summary, the α4- and α6-subtype GABA<sub>A</sub>Rs exhibit distinct physiological, pharmacological, and functional profiles that set them apart from the other BZ-sensitive GABA<sub>A</sub>R subtypes. In this study, we will mostly focus on the GABA<sub>A</sub>R subtypes that are both BZ-sensitive and abundantly expressed in the amygdala, i.e., the α1-, α2-, α3-subtypes.
CHAPTER 3. METHODOLOGY

Mouse Strains

C57BL/6J mice (Jackson Laboratory, Bar Harbor, Maine) were used in this study as WT controls to test the anxiolytic profile of various selective and non-selective GABA<sub>A</sub>R PAMs in both systemic and intra-BLA microinjection experiments. This strain of mice are widely used in behavioral studies and their characteristic patterns of anxiety and fear-like behaviors are well understood. For example, C57BL/6J showed lower baseline anxiety level and higher sensitivity to BZ when compared to BALB/c mice (Lepicard, Joubert, Hagneau, Perez-Diaz, & Chapouthier, 2000), and they also showed slower fear extinction when compared to DBA/2J mice (Waddell, Dunnett, & Falls, 2004).

In experiments that examined the functional silencing of selective GABA<sub>A</sub>R-subtypes towards the modulatory effects of BZs, GABA<sub>A</sub>R point mutant mice, generously gifted by Dr. Uwe Rudolph from McLean Hospital, were used. These strains of mice were created in the last decade and have become of great value in the investigation of the selective function of different subunits (Rudolph & Mohler, 2004). Three lines of point mutant mice were used in our experiment: α1(H101R), α2(H101R), and α3(H126R). As previously described (Low et al., 2000; Rudolph et al., 1999; K. S. Smith et al., 2012), these mice have a mutated residue (histidine to arginine) in the BZ binding site of a particular α-subunit, rendering the receptor insensitive to the modulatory effects of BZs. These mutant mice were maintained on C57BL/6J genetic background and bred as homozygotes.

All animals were housed in micro-isolation cages with ad libitum access to food and water, 12h light-dark cycle and controlled temperature / humidity. All animals used in this study were adult mice (between 2-6 months of age). For most experiments, male subjects were used, except for the systemic CDP injection experiment, where mice of both sexes were used. All testing procedures were conducted in the light-phase of the day and were approved by the Animal Care and Use Committee of the University of Tennessee Health Science Center.

Surgery Procedures

Stereotaxic surgeries were performed using procedures previously described in detail (Heldt & Ressler, 2006). Adult mice were anesthetized with an intraperitoneal (i.p.) injection of a cocktail of ketamine (80mg/kg) and xylazine (10mg/kg). Upon confirmation of anesthesia, their heads were shaved, swabbed with betadine, and mounted in a stereotaxic surgical frame (David Kopf Instruments, Tujunga, CA) with metal ear bars inserted and secured. Ophthalmic ointment was applied to prevent the eyes from drying out. An incision along the midline of the skull was made, and the surrounding skin was retracted to expose the surgical site. Two anchoring screws were then implanted. Holes were drilled in the skull over the intended cannula implantation
sites and bilateral 26 gauge guide cannulae (PlasticOne, Roanoke, VA) were planted stereotaxically at the following coordinates in reference to Bregma: AP: -1.5, ML: ±3.3 or ±3.4, DV: -5.0 or -5.1 according to a reference stereotaxic atlas (Paxinos & Franklin, 2001). The cannula fixture was secured with dental cement and the surgical incision was closed with adhesives. After surgery, animals were placed on a heating pad for recovery and a dose of post-operation analgesics (Buprenorphine 0.1 mg/kg or Carprofen 5.0 mg/kg) was administered. Animals were then allowed to fully recover from surgery for at least 4 days, during this period they were closely monitored for signs of pain and distress. They were also handled with gloved hand daily to allow acclimation to the gentle restraint required for the microinjection procedure, and to minimize the stress induced by the injection procedure preceding the behavioral test.

**Pharmacological Agents**

Many BZ-site ligands are known to exert positive allosteric modulatory effects on GABA$_A$Rs. Non-selective classic BZs (e.g., CDP) are promiscuous to α1-, α2-, α3-, and α5-subtype GABA$_A$Rs, on the other hand, subtype selective BZ-site ligands are defined as having either preferential affinity (e.g. zolpidem) and/or preferential efficacy (e.g. L-838417 and TP003) towards a particular subset of BZ-sensitive α-subtypes (Rudolph & Knoflach, 2011).

**Chlordiazepoxide**

Chlordiazepoxide (CDP, Sigma Aldrich, St Louis, MO), a classic BZ and nonselective GABA$_A$Rs PAM, was used to augment the α1-, α2-, α3-, and α5-subtype GABA$_A$Rs in systemic and intra-BLA microinjection experiments. CDP absorbs well after i.p. injection and a 5mg/kg i.p. injection in rats results in 25% receptor occupancy in the brain (Dias et al., 2005). For CDP systemic injection experiments, we used 10mg/kg as the high dose. The dose was chosen based on a previous systemic injection study that used the same dose as the high dose for mice (K. S. Smith et al., 2012). For CDP microinjection experiments, we used 20µg/µL as the high dose working concentration and 0.3µL injection volume was delivered. This was based on a previous microinjection study that used the same concentration of CDP (20µg/µL) with 0.5µL injection volume as the high dose for rats (Stackman & Walsh, 1995).

**Zolpidem**

Zolpidem (Toronto Research Chemicals, North York, ON, Canada), a selective BZ-site PAM of α1-subtype GABA$_A$Rs with ~5-fold selectivity over other subtypes (Petroski et al., 2006), was used to selectively augment α1-subtype GABA$_A$Rs in both systemic injection experiments and intra-BLA microinjection experiments. The binding affinity of zolpidem is drastically reduced in α1(H101R) mice (McKernan et al., 2000). Zolpidem absorbs well after i.p. injection. In mice, an i.p. dose of 1.8mg/kg results in
approximately 50% receptor occupancy in the brain (Hopkins, Brian Nofsinger, Allen, Koch, & Varney, 2009). Ranges of drug dosages used in this study were carefully chosen based on previously published studies. For the zolpidem systemic injection experiment, we used 2mg/kg as the high dose. The dose was chosen based on a previous systemic injection study that used 3mg/kg as the high dose for mice and reported sedative effects at this dose (Mathiasen, Mirza, & Rodgers, 2008). We also observed pronounced motor impairment even at 2mg/kg dose that rendered the mice unable to reliably perform in the EPM test, thus we used 2mg/kg as the high dose for our experiment. For the zolpidem microinjection experiment, we used 0.5 µg/µL as the high dose working concentration and 0.3 µL injection volume was delivered. This was based on a previous microinjection study that used 0.25 µg/µL concentration and 0.5 µL injection volume as the working dose for mice (Gafford et al., 2012).

L-838417

L-838417 (Tocris, Bristol, UK) is a selective BZ-site PAM that binds to α1-, α2-, α3-, and α5-subtype GABA_ARs, but only exerts positive modulatory effects on the α2-, α3-, and α5-subtypes in recombinant receptors. The binding affinity of L-838417 is lower in α5-subtype when compared to α1-, α2-, α3-subtypes. Further, although no direct evidence is available about the binding affinity of L-838417 for α3(H126R) receptors, it is known that the binding affinity of L-838417 is drastically reduced in α1(H101R) receptors (McKernan et al., 2000). Since both the α1- and α3-subtypes share similar BZ-site structure that requires the histidine residue, we deduce that the binding affinity of L-838417 should also be lost in α3(H126R) receptors. L-838417 absorbs well after i.p. injection. In mice, a dose of 1mg/kg or 3mg/kg i.p. injection results in 30-40% receptor occupancy in the brain (Scott-Stevens, Atack, Sohal, & Worboys, 2005), although a more recent study reports that the OC₅₀ is around 1.3mg/kg (Hopkins et al., 2009). For the L-838417 systemic injection experiment, we used 2mg/kg as the high dose. This dose was chosen based on a previous systemic injection study that found anxiolytic-like effects at 3mg/kg dose in a Vogel conflict test for mice and in a conditioned emotional response test for rats (Mathiasen et al., 2007). In an initial experiment, we found robust anxiolytic-like effects at 2mg/kg and even with a 0.5mg/kg dose in WT mice. Thus, we used 2mg/kg as the high dose in our experiment. For the L-838417 microinjection experiment, we used 0.5µg/µL as the high dose working concentration and 0.3µL injection volume was delivered. This was based on a previous microinjection study that used 0.4µg/µL concentration and 1µL injection volume as the working dose for rats (Mathiasen et al., 2007).

TP003

TP003 (Tocris, Bristol, UK) is a α3-subtype selective BZ-site PAM (Dias et al., 2005; Marowsky, Rudolph, Fritschy, & Arand, 2012). In vitro, TP003 binds to α1-, α2-, α3-, and α5-subtype GABA_ARs with high affinity, but only exerts positive modulatory effects on the α3-subtype in recombinant GABA_ARs. The binding affinity of TP003 is
drastically reduced in α2(H101R) receptors (Dias et al., 2005). TP003 absorbs well after i.p. injection. In rat, a 0.3 mg/kg i.p. injection resulted in 75% receptor occupancy in the brain (Dias et al., 2005). For TP003 systemic injection experiment, we used 2mg/kg as the high dose. This dose was chosen based on a previous systemic injection study that found anxiolytic-like effects at 3mg/kg dose for mice (Dias et al., 2005). In an initial experiment, we found robust anxiolytic-like effects at 2mg/kg and even a 0.5mg/kg dose in WT mice, thus we used 2mg/kg as the high dose in our experiment. Presently, to the best of our knowledge, no studies have attempted microinjection of TP003 in the brain. For this reason, we chose to use a range of concentrations, which were comparable to that of zolpidem and L-838417 microinjections, for TP003 microinjection. This was based on our initial findings showing that TP003 had comparable dose response relationships to zolpidem and L-838417 at similar concentrations in systemic injection experiments as measured by the EPM.

**Vehicle**

Due to the poor solubility of many drugs used in this study in aqueous solutions, several vehicles were used to accommodate the doses required for particular experiments. For systemic injection and intra-BLA microinjection of selective drugs, the compounds were dissolved in a vehicle consisting of 10% DMSO and 20% cyclodextrin in 0.85% saline. For systemic injection of CDP, the drug was dissolved in 0.85% saline. For intra-BLA microinjection of CDP, most groups received drugs dissolved in a vehicle consisting of 10% DMSO in 0.85% saline, except for the α2(H101R) mice groups, where half of the mice (balanced numbers across treatment groups) received drugs dissolved in a vehicle consisting of 10% DMSO and 20% cyclodextrin in 0.85% saline during a transition period.

**Injection Procedures**

For the systemic injection experiments, drug solutions were delivered via i.p. injection 30 min before the EPM test (described below). For microinjection experiments, 0.3µL of drug solution was delivered gradually over the course of 30 seconds using a 5µL Hamilton syringe connected to a 33 gauge microinjector (PlasticOne, Roanoke, VA) manually. The injector was left in the cannula for 1 min after each injection to reduce backflow of injected solution. After completing bilateral microinjection, the animal was returned to a holding cage for 5-8 min before being tested on the EPM.

**Elevated Plus Maze**

The EPM is a widely used test apparatus for measuring anxiety-related behaviors in rodents (Pellow & File, 1986). The apparatus used in this study had transparent plexiglass for the walls and opaque plexiglass for the floor. The dimensions of the maze are illustrated in Figure 3-1. The maze was located in a dedicated behavioral testing
Figure 3-1. Illustration of the Dimension of EPM Apparatus Used in This Study.

Schematic drawing of the dimensions of the elevated plus maze (EPM) apparatus. The closed arm walls were constructed using transparent plexiglass, and the floor of the maze was constructed using opaque material.
room and was illuminated with dim ambient light from the ceiling. The experimenter was located behind a curtain and was invisible to the mice during the test. Video was recorded during the test (5 min duration) with an overhead camera and the movement of the subject was tracked by ANY-Maze software (Stoelting, Wood Dale, IL).

Rodents generally have a native aversion to the open and elevated spaces where they are exposed to the surrounding open environment, and thigmotaxis (in this case, the tendency to remain in close proximity to the walls of the closed arm) is typically observed (Filgueiras, Carvalho-Netto, & Estanislau, 2014). Anxiety-like behavior is traditionally measured by preference for the closed arm over the open arm. Classic anxiolytic drugs, such as BZs, reportedly reduce an animal’s aversion to the open arm, e.g. (K. S. Smith et al., 2012). On the other hand, traumatic events, such as exposure to immobilization stress, typically enhance the aversion to the open arm (Viswanatha, Shylaja, Sandeep Rao, Santhosh Kumar, & Jagadeesh, 2012).

We measured the commonly reported EPM parameters including thepercentage of time in the open arm, the percentage of open arm entry, and the distance traveled during the test. We also recorded several parameters that are not often reported in the EPM tests. First, we observed a subtle difference in the animal’s behavior in the proximal open arm (where they could quickly flee and hide in the closed arm) as opposed to the distal open arm (where they were far away from their “safe zone” and were highly exposed to the surrounding open environment), we collected the time the animal spent in and the entry to the distal open arm as more sensitive measurements of anxiety-like behaviors. Second, as we consistently observed the animals’ risk-assessing behavior characterized by extending their head outside the edge of the open arm to investigate the surrounding environment, we counted the number of such investigatory behaviors (head dips) as an index of risk assessment by the subject. Of note, the parameter “head dips” was operationally defined here as the incidences where the animal extended its head over the edge of the open arm, rather than as downward movements of the head. Our pilot data showed a clear increase of this behavior in BZ-treated mice. Together, the EPM test gave us both the traditional measurements of anxiety in addition to some potentially more sensitive measurements of the animal’s subtle behaviors on the maze, and allowed us to reliably quantify the effects of drug treatment on anxiety-like behaviors.

To score the activities in the open or closed arm, the software tracked the animal’s entire body area to effectively reducing the spurious counts of entry/exit when the animal hesitantly moved its body around the boundary of the center zone. To count an entry, 80% of the animals' body must enter an open or closed arm. To count an exit, the animal must fail to retain 70% of its body in an open or closed arm. For activities in the distal open arm, the software tracked the center of the animal’s body. For counting head dips, the software tracked the head of the animal. An example of the animal’s behavior on the EPM with or without BZ treatment is illustrated in Figure 3-2 as an occupancy plot heat-map.

Based on an initial assessment, we found that many of the parameters collected during the EPM task were correlated with each other. For the clarity of the data
Figure 3-2. Illustration of the Effects of BZ on Animals Behavior on the EPM

Typical occupancy plot heat-maps of animals’ behavior on the elevated plus maze (EPM) with or without benzodiazepine (BZ) treatment. BZ treatment increased the animals’ activity on the open arm (O.A.).
presentation we reported the following parameters as the main indicators of the animal’s behavior on the EPM: percentage of time in the open arm (% O.A. Time), percentage of open arm entry (% O.A. Entry), number of head dips (Head Dips), and overall distance travelled on the EPM (Distance). The first three measurements are indicators of the anxiety level and the investigatory behaviors of the subject. The fourth measurement is an indicator of the motor activity of the subject. Descriptive statistics of other dependent measures such as distal open arm (D.O.A) Time and number of D.O.A. Entry were presented in tables.

Data Evaluation and Reduction

After behavioral testing, animals were euthanized and 1% Evan’s blue dye solution (0.3μL) was microinjected via the guide cannula. Brains were rapidly collected, frozen over dry ice, and coronally sectioned on a cryostat to verify cannula placement. A typical spread of dye is illustrated in Figure 3-3. The whole brain images were taken with a Olympus BX50 microscope (Olympus, Center Valley, PA), stitched together using the Stitching plugin, and background subtracted using Fiji (Preibisch, Saalfeld, & Tomancak, 2009; Schindelin et al., 2012; Schneider, Rasband, & Eliceiri, 2012).

Subjects with misplaced cannula, as identified by the spread of the dye and the imprint left by the cannula, were subsequently excluded prior to data analysis (13 out of 204 mice in the intra-BLA microinjection experiments). In most cases, excluded animals had off-target injection sites that showed significant dye diffusion or cannula tract imprint in the CeA, cortex, or ventricle.

The EPM is a locomotion-dependent task (Reynolds, McKernan, & Dawson, 2001), and the accurate measurement of anxiety-like indexes, especially the % O.A. Entry, depends on adequate locomotion of the animal on the maze for reliable calculation. The average distance traveled during the 5 minutes test period across all subjects was 9.4 ± 0.2 meters (mean ± SEM). Subjects who traveled less than 2 meters during the 5 min test period, which occurred rarely (2%), were excluded from statistical analysis. In most cases, these animals traveled a short distance after placement in the EPM, and remained immobile for the remainder of the test session. An exception to this rule was allowed for the experiments with zolpidem, in which we also planned to examine the anticipated relationship between anxiety and sedation prior to the experiment. In addition, animals that fell off the maze during the test were excluded from the study. Finally, a few animals were excluded from analysis due to malfunction of the video tracking software. In total, 9 out of 204 mice in intra-BLA microinjection experiment and 6 out of 345 mice in systemic injection experiment were excluded because of either immobility, displacement from the maze, or tracking problems.
Figure 3-3.  Illustration of Bilateral Dye Injection Showing the Injection Sites

A typical dye injection result showing successful bilateral microinjections targeting the basolateral amygdala (BLA), while sparing the central nucleus (CeA).
Statistical Analysis

For all experiments, a one-way analysis of variance (one-way ANOVA) with % O.A. Time, % O.A. Entry, Head Dips, and Distance as dependent variables and dose of the drug as the independent variable were performed to assess the overall differences among groups. Dunnett's post hoc multiple comparison test (Dunnett, 1955, 1964) was used to compare drug injected groups against the vehicle injected group to assess the effects of drug treatment at a particular dose. For the systemic injection of CDP experiment, because both males and females were used, two-way analysis of variance (two-way ANOVA) with % O.A. Time, % O.A. Entry, Head Dips, and Distance as dependent variables and dose and sex as independent variables was performed to assess the overall effects of sex and drug treatment. One-way ANOVA and Dunnett’s post hoc test, as described above, were subsequently performed within each sex group. The α-value of significance was set at 0.05 for both ANOVA and Dunnett’s test. In all of the figures, data were reported as means ± SEM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by post hoc Dunnett's comparisons, unless stated otherwise. *p < 0.05; **p < 0.01; ***p < 0.001.
CHAPTER 4. RESULTS

Systemic Injection of Selective GABA\(_A\)R PAMs

To assess the differential roles of each GABA\(_A\)R subtype in mediating BZ-induced anxiolysis on the systemic level, subtype selective GABA\(_A\)R PAMs were acutely administered to both adult male C57BL/6J mice and several strains of point mutant mice via systemic (i.p.) injection. The effects of the drugs on anxiety-like behaviors and motor activities were assessed by the EPM test.

Systemic Injection of Zolpidem in WT C57BL/6J Mice

To assess the role \(\alpha_1\)-subtype GABA\(_A\)Rs play in mediating anxiolysis, WT C57BL/6J mice were given an i.p injection of the \(\alpha_1\)-subtype selective PAM, zolpidem, at one of the following doses: 0.25mg/kg, 0.5mg/kg, 1mg/kg, or 2mg/kg. Mice were tested on the EPM 30 min post-injection. The results are shown in Figure 4-1. One-way ANOVA with dose as the independent variable revealed significant effects of zolpidem on the dependent variables of \% O.A. Entry, Head Dips, and Distance traveled on the EPM, \(F(4, 35) > 4.15, ps < 0.01\). No significant effect of zolpidem was found on the \% O.A. Time, \(F(4, 35) = 2.39, p = 0.07\). Dunnett's comparisons revealed zolpidem exerted anxiolytic-like effects as measured by significantly increased \% O.A. Entry at 0.5mg/kg and 1mg/kg doses (\(ps < 0.05\)). Zolpidem also exerted significant motor-inhibiting effects as measured by significantly reduced distance traveled on the EPM at 1mg/kg and 2mg/kg doses (\(ps < 0.05\)). Further, zolpidem significantly reduced the Head Dips at 2mg/kg dose (\(p < 0.05\)), which was likely an effect correlated with motor inhibition. A total of 40 mice were included in this experiment (Veh, \(n=12\); 0.25mg/kg, \(n=8\); 0.5mg/kg, \(n=7\); 1mg/kg, \(n=7\); and 2mg/kg, \(n=6\)).

Systemic Injection of L-838417 in WT C57BL/6J Mice

To assess the that role \(\alpha_2\)-, \(\alpha_3\)-, (and \(\alpha_5\))- subtype GABA\(_A\)Rs play in mediating anxiolysis, WT C57BL/6J mice were given an i.p injection of the \(\alpha_2\)-, \(\alpha_3\)-, (and \(\alpha_5\))- subtype selective PAM, L-838417, at one of the following doses: 0.5mg/kg, or 2mg/kg. Mice were tested on the EPM 30 min post-injection. The results are shown in Figure 4-2. One-way ANOVA with dose as the independent variable revealed significant effects of L-838417 on the dependent variables of \% O.A. Time, \% O.A. Entry, Head Dips, and Distance traveled on the EPM, \(F(2, 24) > 11.81, ps < 0.001\). Dunnett's comparisons revealed L-838417 exerted anxiolytic-like effects as measured by significantly increased \% O.A. Time and \% O.A. Entry at 0.5mg/kg and 2mg/kg doses (\(ps < 0.001\)). L-838417 significantly increased the Head Dips at 0.5mg/kg and 2mg/kg doses (\(p < 0.001\)). Further, L-838417 exerted significant motor-stimulating effects as measured by significantly increased distance traveled on the EPM at 0.5mg/kg and 2mg/kg doses (\(ps < 0.01\)).
Figure 4-1. Systemic Injection of Zolpidem in WT C57BL/6J Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett’s comparisons against vehicle (Veh) injected group. *p < 0.05; **p < 0.01; ***p < 0.001.
Figure 4-2. Systemic Injection of L-838417 in WT C57BL/6J Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. **p < 0.01; ***p < 0.001.
total of 27 mice were included in this experiment (Veh, n=12; 0.5mg/kg, n=7; and 2mg/kg, n=8).

**Systemic Injection of L-838417 in α3(H126R) Mice**

To assess the role α2- (and α5-) subtype GABA<sub>AR</sub>s play in mediating anxiolysis, α3(H126R) mice were given an i.p. injection of L-838417 at one of the following doses: 0.5mg/kg, 2mg/kg. Mice were tested on the EPM 30 min post-injection. The results are shown in **Figure 4-3**. One-way ANOVA with dose as the independent variable revealed no significant effect on the dependent variables of % O.A. Time, % O.A. Entry, Head Dips, or Distance traveled on the EPM, $F$s(2, 22) $<$ 3.28, $p$ $>$ 0.05. No post hoc Dunnett’s test was performed. A total of 25 mice were included in this experiment (Veh, n=11; 0.5mg/kg, n=7; and 2mg/kg, n=7).

**Systemic Injection of TP003 in C57BL/6J Mice**

To assess the role the α3-subtype GABA<sub>AR</sub>s play in mediating anxiolysis, C57BL/6J mice were given an i.p. injection of the α3-subtype selective PAM, TP003, at one of the following doses: 0.5mg/kg, or 2mg/kg. Mice were tested on the EPM 30 min post-injection. The results are shown in **Figure 4-4**. One-way ANOVA with dose as independent variable revealed significant effects of TP003 on the dependent variables of % O.A. Time, % O.A. Entry, Head Dips, and Distance traveled on the EPM, $F$s(2, 23) $>$ 5.54, $p$s $<$ 0.05. Dunnett's comparisons revealed TP003 exerted anxiolytic-like effects as measured by significantly increased % O.A. Time and % O.A. Entry at 0.5mg/kg and 2mg/kg doses ($p$s $<$ 0.001). TP003 significantly increased the Head Dips at 0.5mg/kg and 2mg/kg doses ($p$s $<$ 0.05). TP003 also exerted motor-stimulating effects as measured by significantly increased distance traveled on the EPM at 0.5mg/kg dose ($p$ $<$ 0.01). A total of 26 mice were included in this experiment (Veh, n=12; 0.5mg/kg, n=7; and 2mg/kg, n=7).

**Systemic Injection of Zolpidem in α1(H101R) Mice**

To assess the selectivity of zolpidem towards α1-subtype GABA<sub>AR</sub>s, α1(H101R) mice were given an i.p. injection of zolpidem at one of the following doses: 1mg/kg, or 2mg/kg. As demonstrated previously, the dose 1mg/kg elicited anxiolytic-like effects in C57BL/6J mice, while the dose 2mg/kg elicited motor-inhibiting effects. Mice were tested on the EPM 30 min post-injection. The results are shown in **Figure 4-5**. One-way ANOVA with dose as the independent variable revealed no significant effects of zolpidem on the dependent variables of % O.A. Time, % O.A. Entry, Head Dips, and Distance traveled on the EPM, $F$s(2, 19) $<$ 2.07, $p$s $>$ 0.1. This indicated that the zolpidem lost its effects in α1(H101R) mice, and supported the hypothesis that the effects of zolpidem seen in WT mice were indeed mediated by the α1-subtype GABA<sub>AR</sub>s. A
Figure 4-3. Systemic Injection of L-838417 in α3(H126R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM.
Figure 4-4. Systemic Injection of TP003 in WT C57BL/6J Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. *p < 0.05; **p < 0.01; ***p < 0.001.
Figure 4-5. Systemic Injection of Zolpidem in α1(H101R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM.
A total of 22 mice were included in this experiment (Veh, n=7; 1mg/kg, n=8; and 2mg/kg, n=7).

**Systemic Injection of TP003 in α2(H101R) and α3(H126R) Mice**

To assess the selectivity of TP003 towards α3-subtype GABA\(_A\)Rs, α2(H101R) and α3(H126R) mice were given an i.p. injection of TP003 at 2mg/kg dosage. As demonstrated previously, this dose elicited prominent anxiolytic-like effects in WT C57BL/6J mice. Mice were tested on the EPM 30 min post-injection. The results are shown in Figure 4-6. Two-tailed t-test comparisons revealed significant effects of TP003 treatment on the dependent variables of % O.A. Time, % O.A. Entry, Head Dips, and Distance traveled on the EPM in α2(H101R) mice, \( p < 0.05 \). No significant effect of TP003 was found on % O.A. Time, % O.A. Entry, or Head Dips in α3(H126R) mice. However, a significant effect of TP003 on Distance traveled on the EPM was found (\( p < 0.05 \)). Taken together, these data suggested that TP003 lost its anxiolytic-like effects in α3(H126R) mice but retained its anxiolytic-like effects in α2(H101R), and indicated that the anxiolytic-like effects were indeed mediated by α3-subtype GABA\(_A\)Rs. Asterisks represented significant difference between the vehicle injected control group and the drug injected experimental group within each strain as assessed by two-tailed t-tests. A total of 35 mice were included in this experiment, [α2(H101R)-Veh, n=8; α2(H101R)-2mg/kg, n=8; α3(H126R)-Veh, n=11; and α3(H126R)-2mg/kg, n=8]. *\( p < 0.05 \); **\( p < 0.01 \); NS: non-significant.

**Systemic Injection of Selective GABA\(_A\)R PAMs – Other Parameters**

Besides the parameters reported in the figures, descriptive statistics were obtained for several other parameters, including the distance traveled on the open arm and closed arm, respectively (O.A. Distance, C.A. Distance), time and entry to the distal open arm (D.O.A. Time, D.O.A. Entry), as well as the time animal spent in the center zone (Center Time) during the EPM experimentation, are summarized in Table 4-1.

**Systemic Injection of Non-Selective CDP in Point Mutant Mice**

To assess the effects of the non-selective BZ drug, CDP, on anxiety-like behaviors, CDP was administered to both C57BL/6J mice and three strains of point mutant mice α1(H101R), α2(H101R), and α3(H126R), via systemic (i.p.) injection. The effects of the drug on anxiety-like behaviors and motor activities were assessed by the EPM test. For this experiment, both males and females were used and were analyzed separately.
Figure 4-6. Systemic Injection of TP003 in α2(H101R) and α3(H126R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represented significant difference between the vehicle injected control group and the drug injected experimental group within each strain as assessed by two-tailed t-test. *p < 0.05; **p < 0.01; NS: non-significant.
Table 4-1. Systemic Injection of Selective GABAAR PAMs – Descriptive Statistics of Other Parameters

<table>
<thead>
<tr>
<th>Treatment</th>
<th>N</th>
<th>O.A. Distance (m)</th>
<th>C.A. Distance (m)</th>
<th>D.O.A. Time (s)</th>
<th>D.O.A. Entry</th>
<th>Center Time (s)</th>
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<tbody>
<tr>
<td>WT- Veh</td>
<td>12</td>
<td>0.56±0.16</td>
<td>6.1±0.44</td>
<td>6.6±2.61</td>
<td>0.83±0.32</td>
<td>45.3±6.08</td>
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<tr>
<td>WT-L838417-0.5mg/kg</td>
<td>7</td>
<td>2.69±0.66</td>
<td>7.35±0.55</td>
<td>29.86±8.71</td>
<td>5.43±1.53</td>
<td>49.79±7.44</td>
</tr>
<tr>
<td>WT-L838417-2mg/kg</td>
<td>8</td>
<td>4.14±0.71</td>
<td>6.84±0.61</td>
<td>54.88±8.95</td>
<td>9.38±1.81</td>
<td>39.08±5.59</td>
</tr>
<tr>
<td>WT-TP003-0.5mg/kg</td>
<td>7</td>
<td>4.36±0.99</td>
<td>6.52±0.56</td>
<td>57.87±11.95</td>
<td>9.43±2.1</td>
<td>48.86±9.28</td>
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<tr>
<td>WT-TP003-2mg/kg</td>
<td>7</td>
<td>6.1±1.2</td>
<td>3.07±0.63</td>
<td>126.57±20.67</td>
<td>13±2.23</td>
<td>21.61±3.87</td>
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<tr>
<td>WT-Zolpidem-0.25mg/kg</td>
<td>8</td>
<td>1.45±0.4</td>
<td>4.41±0.27</td>
<td>18.6±5.14</td>
<td>3.38±1.03</td>
<td>56.93±9.79</td>
</tr>
<tr>
<td>WT-Zolpidem-0.5mg/kg</td>
<td>7</td>
<td>0.96±0.3</td>
<td>3.94±0.81</td>
<td>14.2±5.86</td>
<td>1.57±0.69</td>
<td>54.41±10.95</td>
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<td>WT-Zolpidem-1mg/kg</td>
<td>7</td>
<td>0.66±0.3</td>
<td>2.31±0.81</td>
<td>7.69±4.19</td>
<td>1.14±0.59</td>
<td>62.23±38.05</td>
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<tr>
<td>WT-Zolpidem-2mg/kg</td>
<td>6</td>
<td>0.1±0.05</td>
<td>1.02±0.42</td>
<td>0±0</td>
<td>0±0</td>
<td>60.32±46.68</td>
</tr>
<tr>
<td>a1(H101R)- Veh</td>
<td>7</td>
<td>0.85±0.34</td>
<td>5.56±0.72</td>
<td>15±7.37</td>
<td>1.71±0.75</td>
<td>59.41±5.58</td>
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<tr>
<td>a1(H101R)-Zolpidem-1mg/kg</td>
<td>8</td>
<td>0.46±0.2</td>
<td>6.44±0.69</td>
<td>8.84±6.71</td>
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<tr>
<td>a1(H101R)-Zolpidem-2mg/kg</td>
<td>7</td>
<td>1.28±0.38</td>
<td>5.65±0.43</td>
<td>27.09±8.26</td>
<td>3.14±0.63</td>
<td>54.91±2.92</td>
</tr>
<tr>
<td>a2(H101R)- Veh</td>
<td>8</td>
<td>1.06±0.28</td>
<td>5.2±0.49</td>
<td>14.6±4.69</td>
<td>2±0.65</td>
<td>42.98±5.76</td>
</tr>
<tr>
<td>a2(H101R)-TP003-2mg/kg</td>
<td>8</td>
<td>4.36±0.79</td>
<td>4.81±0.6</td>
<td>63.13±10.35</td>
<td>9.38±1.88</td>
<td>36.3±2.31</td>
</tr>
<tr>
<td>a3(H126R)- Veh</td>
<td>11</td>
<td>0.45±0.17</td>
<td>4.36±0.44</td>
<td>6.95±3.56</td>
<td>1±0.36</td>
<td>47.15±6.89</td>
</tr>
<tr>
<td>a3(H126R)-L838417-0.5mg/kg</td>
<td>7</td>
<td>1.57±0.54</td>
<td>4.81±0.44</td>
<td>22.91±11.27</td>
<td>3.29±1.36</td>
<td>58.3±10.4</td>
</tr>
<tr>
<td>a3(H126R)-L838417-2mg/kg</td>
<td>7</td>
<td>2.18±0.42</td>
<td>4.16±0.42</td>
<td>34.93±8.1</td>
<td>5.66±1.01</td>
<td>42.21±6.71</td>
</tr>
<tr>
<td>a3(H126R)-TP003-2mg/kg</td>
<td>8</td>
<td>0.4±0.18</td>
<td>6.05±0.44</td>
<td>2.56±1.25</td>
<td>0.88±0.44</td>
<td>35.64±4.92</td>
</tr>
</tbody>
</table>
Systemic Injection of CDP in WT C57BL/6J Mice

To assess the anxiolytic-like effects of CDP, C57BL/6J mice were given an i.p injection of CDP at one of the following doses: 5mg/kg, or 10mg/kg. Mice were tested on the EPM 30 min post-injection. The results are shown in Figure 4-7 and Figure 4-8. Two-way ANOVA with dose and sex as independent variables returned significant main effects of dose on the dependent variables of % O.A. Time, % O.A. Entry, and Head Dip, Fs(2,43) > 14.14, ps < 0.001. No significant effect of dose was detected on the dependent variable of Distance, F(2,43) = 2.806, p = 0.072. No significant effect of sex or Sex × Dose interaction was detected, ps > 0.1.

For males, one-way ANOVA with dose as independent variable revealed significant effects of CDP on the dependent variables of % O.A. Time, % O.A. Entry, and Head Dips, Fs(2, 18) > 5.29, ps < 0.05. No significant effect of CDP was detected on the % O.A. Time, F(2,18) = 3.47, p = 0.0507. Dunnett's comparisons revealed CDP exerted anxiolytic-like effects as measured by significantly increased % O.A. Time at 10mg/kg dose (p < 0.001) and % O.A. Entry at 5mg/kg and 10mg/kg doses (ps < 0.05). CDP significantly increased the Head Dips at 10mg/kg dose (p < 0.01). A total of 21 mice were included in this experiment (Veh, n=8; 5mg/kg, n=6; and 10mg/kg, n=7).

For females, one-way ANOVA with dose as independent variable revealed significant effects of CDP on the dependent variables of % O.A. Time, % O.A. Entry, Head Dips, and Distance traveled on the EPM, Fs(2, 25) > 4.52, ps < 0.05. Dunnett's comparisons revealed CDP exerted anxiolytic-like effects as measured by significantly increased % O.A. Time, % O.A. Entry and Head Dips at 10mg/kg dose (ps < 0.001). CDP also exerted motor-stimulating effects as measured by significantly increased distance traveled on the EPM at 10mg/kg dose (p < 0.05). A total of 28 mice were included in this experiment (Veh, n=9; 5mg/kg, n=6; and 10mg/kg, n=13).

Systemic Injection of CDP in α1(H101R) Mice

To assess the anxiolytic-like effects of CDP in mice expressing the BZ-insensitive α1-subtype GABA_ARs, α1(H101R) mice were given an i.p injection of CDP at one of the following doses: 5mg/kg, or 10mg/kg. Mice were tested on the EPM 30 min post-injection. The results are shown in Figure 4-9 and Figure 4-10. Two-way ANOVA with dose and sex as independent variables returned significant main effects of dose on the dependent variables of % O.A. Time, % O.A. Entry, Head Dip, as well as Distance, Fs(2,41) > 11.29, ps < 0.001. A significant main effect of sex on the dependent variable % O.A. Time was also detected, F(1,41) = 8.00, p < 0.01. No significant Sex × Dose interaction was detected.

For males, one-way ANOVA with dose as independent variable revealed significant effects of CDP on the dependent variables of % O.A. Entry, Head Dips, and Distance traveled on the EPM, Fs(2, 20) > 7.36, ps < 0.01. No significant effect of CDP was detected on the % O.A. Time, F(2,20) = 3.47, p = 0.0507. Dunnett's comparisons
Figure 4-7. Systemic Injection of CDP in Male WT C57BL/6J Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. *p <
Figure 4-8. Systemic Injection of CDP in Female WT C57BL/6J Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. *p < 0.05; ***p < 0.001.
Figure 4-9. Systemic Injection of CDP in Male α1(H101R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. *p < 0.05; **p < 0.01; ***p < 0.001.
Figure 4-10. Systemic Injection of CDP in Female α1(H101R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. *p < 0.05; **p < 0.01; ***p < 0.001.
revealed CDP exerted anxiolytic-like effects as measured by significantly increased % O.A. Entry at 10mg/kg dose (p < 0.01). CDP also significantly increased the Head Dips at 5mg/kg and 10mg/kg dose (ps < 0.05). A significant effect of CDP on motor activities was detected at the 5mg/kg and 10mg/kg doses (ps < 0.05). A total of 23 mice were included in this experiment (Veh, n=8; 5mg/kg, n=8; and 10mg/kg, n=7).

For females, one-way ANOVA with dose as independent variable revealed significant effects of CDP on the dependent variables of % O.A. Time, % O.A. Entry, and Head Dips, Fs(2, 21) > 6.15, ps < 0.01. No significant effect of CDP was detected on the Distance traveled on the EPM, F(2,21) = 2.82, p > 0.05. Dunnett's comparisons revealed CDP exerted anxiolytic-like effects as measured by significantly increased % O.A. Time and % O.A. Entry at 5mg/kg and 10mg/kg doses (ps < 0.01). CDP also significantly increased Head Dips at both 5mg/kg and 10mg/kg doses (ps < 0.05). A total of 24 mice were included in this experiment (Veh, n=8; 5mg/kg, n=8; and 10mg/kg, n=8).

**Systemic Injection of CDP in α2(H101R) Mice**

To assess the anxiolytic-like effects of CDP in mice with BZ-insensitive α2-subtype GABA_ARs, α2(H101R) mice were given an i.p. injection of CDP at one of the following doses: 5mg/kg, or 10mg/kg. Mice were tested on the EPM 30 min post-injection. The results are shown in Figure 4-11 and Figure 4-12. Two-way ANOVA with dose and sex as independent variables returned significant main effects of dose on the dependent variables of % O.A. Time, % O.A. Entry, and Distance, Fs(2,48) > 3.26, ps < 0.05. Significant main effects of sex on the dependent variables of % O.A. Entry and Head Dips were also detected, Fs(1,48) > 5.04, p < 0.05. A significant Sex × Dose interaction was detected on the dependent variable of Distance, F(2,48) = 6.11, p < 0.01.

For males, one-way ANOVA with dose as independent variable revealed significant effect of CDP on the dependent variable of Distance traveled, F(2,26) = 3.69, p < 0.05. No significant effect was found on the dependent variables of % O.A. Time, % O.A. Entry, and Head Dips, Fs(2, 26) < 2.32, ps > 0.1. Dunnett’s comparison revealed a significant difference in Distance traveled at 5mg/kg dose when compared to the Vehicle group (p < 0.05). A total of 29 mice were included in this experiment (Veh, n=11; 5mg/kg, n=10; and 10mg/kg, n=8).

For females, one-way ANOVA with dose as independent variable revealed no significant effect of CDP on the dependent variables of % O.A. Time, % O.A. Entry and Head Dips, Fs(2, 22) < 3.11, ps > 0.05. A significant effect of CDP on Distance traveled on the EPM was found, F(2, 22) = 4.81, p < 0.05. However, post hoc Dunnett's comparison returned no significant difference of the drug injected groups from the vehicle injected group. A total of 25 mice were included in this experiment (Veh, n=10; 5mg/kg, n=8; and 10mg/kg, n=7).
Figure 4-11. Systemic Injection of CDP in Male α2(H101R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. *p < 0.05.
Figure 4-12. Systemic Injection of CDP in Female α2(H101R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM.
**Systemic Injection of CDP in α3(H126R) Mice**

To assess the anxiolytic-like effects of CDP in mice with BZ-insensitive α3-subtype GABA<sub>A</sub>Rs, α3(H126R) mice were given an i.p. injection of CDP at one of the following doses: 5mg/kg, or 10mg/kg. Mice were tested on the EPM 30 min post-injection. The results are shown in Figure 4-13 and Figure 4-14. Two-way ANOVA with dose and sex as independent variables returned significant main effects of dose on the dependent variables of % O.A. Time and % O.A. Entry, $F$s(2,43) > 4.60, $p$s < 0.05. No significant effect of sex or Sex × Dose interaction was detected, $p$s > 0.05.

For males, one-way ANOVA with dose as independent variable revealed no significant effect of CDP on the dependent variables of % O.A. Time, % O.A. Entry, Head Dips, and Distance, $F$s(2, 19) < 3.35, $p$s > 0.05. A total of 22 mice were included in this experiment (Veh, n=8; 5mg/kg, n=6; and 10mg/kg, n=8).

For females, one-way ANOVA with dose as independent variable revealed significant effects of CDP on the dependent variables of % O.A. Time, and % O.A. Entry, $F$s(2, 24) > 4.51, $p$s < 0.05. No significant effect was detected on the Head Dips and Distance traveled on the EPM, $F$s(2, 24) < 2.04, $p$s > 0.01. Dunnett's comparisons revealed CDP exerted anxiolytic-like effects as measured by significantly increased % O.A. Time and % O.A. Entry at 10mg/kg dose ($p$s < 0.05). A total of 27 mice were included in this experiment (Veh, n=7; 5mg/kg, n=8; and 10mg/kg, n=12).

**Systemic Injection of Non-Selective CDP – Other Parameters**

Besides the parameters reported in the figures, descriptive statistics were obtained for several other parameters, including the distance traveled on the open arm and closed arm, respectively (O.A. Distance, C.A. Distance), time and entry to the distal open arm (D.O.A. Time, D.O.A. Entry), as well as the time animal spent in the center zone (Center Time) during the EPM experimentation, are summarized in Table 4-2.

**Intra-BLA Microinjection of Selective GABA<sub>A</sub>R PAMs**

To assess the differential role that GABA<sub>A</sub>R subtypes within the BLA play in mediating BZ-induced anxiolysis, subtype selective GABA<sub>A</sub>R PAMs were administered to both adult male C57BL/6J mice and α3(H126R) mice via intra-BLA microinjection. The effects of the drugs on anxiety-like behaviors and motor activities were assessed by the EPM.

**Intra-BLA Microinjection of Zolpidem in WT C57BL/6J Mice**

To assess the role α1-subtype GABA<sub>A</sub>Rs play in mediating anxiolysis within the BLA, C57BL/6J mice were given bilateral intra-BLA microinjections of zolpidem at one
Figure 4-13. Systemic Injection of CDP in Male α3(H126R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM.
Figure 4-14. Systemic Injection of CDP in Female α3(H126R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. *p < 0.05; **p < 0.01.
Table 4-2. Systemic Injection of Non-Selective CDP – Descriptive Statistics of Other Parameters

<table>
<thead>
<tr>
<th>Sex</th>
<th>Treatment</th>
<th>N</th>
<th>O.A. Distance (m)</th>
<th>C.A. Distance (m)</th>
<th>D.O.A. Time (s)</th>
<th>D.O.A. Entry</th>
<th>Center Time (s)</th>
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<tbody>
<tr>
<td>Male</td>
<td>WT-Veh</td>
<td>8</td>
<td>1.36±0.44</td>
<td>7.03±0.46</td>
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<td>41.68±5.11</td>
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<td>Male</td>
<td>WT-CDP-0.5mg/kg</td>
<td>6</td>
<td>3.11±0.96</td>
<td>7.56±1.12</td>
<td>52.92±13.3</td>
<td>7.83±2.21</td>
<td>29.13±3.98</td>
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<tr>
<td>Male</td>
<td>WT-CDP-10mg/kg</td>
<td>7</td>
<td>4.8±0.86</td>
<td>5.38±1.14</td>
<td>103.69±26.59</td>
<td>9±1.59</td>
<td>24.41±2.57</td>
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<tr>
<td>Male</td>
<td>a1(H101R)-Veh</td>
<td>8</td>
<td>1.23±0.36</td>
<td>6.7±0.4</td>
<td>18.85±6.57</td>
<td>2.75±1.1</td>
<td>50.39±6.41</td>
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<tr>
<td>Male</td>
<td>a1(H101R)-CDP-0.5mg/kg</td>
<td>8</td>
<td>3.7±0.98</td>
<td>11.01±1.11</td>
<td>30.31±9.2</td>
<td>8.13±2.23</td>
<td>57.7±3.75</td>
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<tr>
<td>Male</td>
<td>a1(H101R)-CDP-10mg/kg</td>
<td>7</td>
<td>4.07±1.01</td>
<td>7.86±0.42</td>
<td>38.53±10.47</td>
<td>9.14±2.82</td>
<td>49.81±6.22</td>
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<tr>
<td>Male</td>
<td>a2(H101R)-Veh</td>
<td>11</td>
<td>2.26±0.39</td>
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<td>4.55±1</td>
<td>57.45±4.68</td>
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<tr>
<td>Male</td>
<td>a2(H101R)-CDP-0.5mg/kg</td>
<td>10</td>
<td>1.89±0.35</td>
<td>4.94±0.37</td>
<td>24.52±5.55</td>
<td>3.9±0.98</td>
<td>48.45±5.68</td>
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<tr>
<td>Male</td>
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<tr>
<td>Male</td>
<td>a3(H112R)-Veh</td>
<td>8</td>
<td>1.97±0.63</td>
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<td>4±1.36</td>
<td>44.5±5.29</td>
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<td>a3(H112R)-CDP-0.5mg/kg</td>
<td>6</td>
<td>1.44±0.47</td>
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<td>15.7±6.1</td>
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<td>1.18±0.37</td>
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<td>WT-CDP-0.5mg/kg</td>
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<td>1.41±0.39</td>
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<td>63.37±14.94</td>
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<td>10.23±1.59</td>
<td>37.53±3.21</td>
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<tr>
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<td>1.58±0.26</td>
<td>7.77±0.81</td>
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<td>3.5±0.57</td>
<td>58.0±5.38</td>
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<tr>
<td>Female</td>
<td>a1(H101R)-CDP-0.5mg/kg</td>
<td>8</td>
<td>4.39±0.55</td>
<td>8.82±1.02</td>
<td>48.18±8.37</td>
<td>9±1.02</td>
<td>55.2±4.19</td>
</tr>
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<td>Female</td>
<td>a1(H101R)-CDP-10mg/kg</td>
<td>8</td>
<td>5.22±1.31</td>
<td>7.86±0.74</td>
<td>62.88±16.7</td>
<td>10.25±3.03</td>
<td>48.16±5.56</td>
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<tr>
<td>Female</td>
<td>a2(H101R)-Veh</td>
<td>10</td>
<td>1.11±0.26</td>
<td>5.83±0.41</td>
<td>15.12±4.41</td>
<td>2.7±0.84</td>
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<td>Female</td>
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<td>2.49±0.63</td>
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<td>5.88±1.54</td>
<td>44.9±8.68</td>
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<td>Female</td>
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<tr>
<td>Female</td>
<td>a3(H126R)-Veh</td>
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<td>0.76±0.32</td>
<td>4.67±0.61</td>
<td>8.46±4.42</td>
<td>1.43±0.69</td>
<td>44.76±5.98</td>
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<td>Female</td>
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<td>2.64±0.73</td>
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<td>32.45±8.53</td>
<td>5.5±1.67</td>
<td>32.78±3.84</td>
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<tr>
<td>Female</td>
<td>a3(H126R)-CDP-10mg/kg</td>
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<td>52.52±14.44</td>
<td>5±1.35</td>
<td>42.48±13.41</td>
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of the following doses: 0.1µg/µL, 0.25µg/µL, or 0.5µg/µL in 0.3µL volume. Mice were tested on the EPM 5-8 min post-injection. The results are shown in Figure 4-15. One-way ANOVA with dose as independent variable revealed significant effects of zolpidem microinjection on the dependent variables of % O.A. Time, and % O.A. Entry, $F(3, 39) > 3.43, ps < 0.05$. No significant effect on Head Dips and Distance traveled was detected, $F(3, 39) < 2.07, ps > 0.1$. Dunnett's comparisons revealed zolpidem exerted anxiolytic-like effects as measured by significantly increased % O.A. Time at 0.1µg/µL dose ($p < 0.05$). However, post hoc Dunnett's test revealed no significant difference in the % O.A. Entry between the drug injected groups and the vehicle injected group. A total of 43 mice were included in this experiment (Veh, n=14; 0.1µg/µL, n=10; 0.25µg/µL, n=10; and 0.5µg/µL, n=9).

**Intra-BLA Microinjection of L-838417 in α3(H126R) Mice**

To assess the role the α2- (and α5-) subtype GABA\(_A\)Rs play in mediating anxiolysis within the BLA, α3(H126R) mice were given bilateral intra-BLA microinjection of L-838417 at one of the following doses: 0.25µg/µL, or 0.5µg/µL in 0.3µL volume. Mice were tested on the EPM 5-8 min post-injection. The results are shown in Figure 4-16. One-way ANOVA with dose as the independent variable revealed a significant effect of L-838417 microinjection in α3(H126R) mice on the dependent variables of Head Dips, $F(2, 21) = 3.95, p < 0.05$. No significant effect was detected on % O.A. Time, % O.A. Entry or Distance traveled, $F(2, 21) < 2.96, p > 0.05$. Dunnett's comparisons revealed L-838417 exerted anxiolytic-like effects as measured by significantly increased Head Dips at 0.5µg/µL dose ($p < 0.05$). A total of 24 mice were included in this experiment (Veh, n=10; 0.25µg/µL, n=7; and 0.5µg/µL, n=7).

**Intra-BLA Microinjection of TP003 in WT C57BL/6J Mice**

To assess the role the α3-subtype GABA\(_A\)Rs play in mediating anxiolysis within the BLA, WT C57BL/6J mice were given bilateral intra-BLA microinjections of TP003 at one of the following dose: 0.1µg/µL, 0.25µg/µL, or 0.5µg/µL in 0.3µL volume. Mice were tested on the EPM 5-8 min post-injection. The results are shown in Figure 4-17. One-way ANOVA with dose as independent variable revealed significant effect of TP003 microinjection in WT mice on the dependent variable of % O.A. Time, $F(3, 37) = 5.11, p < 0.05$. No significant effect on % O.A. Entry, Head Dips, or Distance traveled was detected, $F(3, 37) < 2.34, p > 0.05$. Dunnett's comparisons revealed TP003 exerted anxiolytic-like effects as measured by significantly increased % O.A. Time at 0.25µg/µL and 0.5µg/µL dose ($ps < 0.01$). A total of 41 mice were included in this experiment (Veh, n=14; 0.1µg/µL, n=9; 0.25µg/µL, n=8; and 0.5µg/µL, n=10).
Figure 4-15. Intra-BLA Microinjection of Zolpidem in WT C57BL/6J Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. **p < 0.01.
Figure 4-16. Intra-BLA Microinjection of L-838417 in α3(H126R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. *p < 0.05.
Figure 4-17. Intra-BLA Microinjection of TP003 in WT C57BL/6J Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. **p < 0.01.
Intra-BLA Microinjection of Subtype Selective GABA\(_A\) R PAMs – Other Parameters

Besides the parameters reported in the figures, descriptive statistics were obtained for several other parameters, including the distance traveled on the open arm and closed arm, respectively (O.A. Distance, C.A. Distance), time and entry to the distal open arm (D.O.A. Time, D.O.A. Entry), as well as the time animal spent in the center zone (Center Time) during the EPM experimentation, are summarized in Table 4-3.

Intra-BLA Microinjection of Non-Selective CDP in Point Mutant Mice

To assess the effects of a non-selective BZ drug, CDP, on anxiety-like behaviors within the BLA, CDP was administered to both C57BL/6J mice and three strains of point mutant mice, \(\alpha_1(H101R)\), \(\alpha_2(H101R)\), and \(\alpha_3(H126R)\), via intra-BLA microinjection. The effects of the drugs on anxiety-like behaviors and motor activities were assessed by the EPM.

Intra-BLA Microinjection of CDP in WT C57BL/6J Mice

To assess the anxiolytic-like effects of CDP within the BLA, WT C57BL/6J mice were given bilateral intra-BLA microinjections of CDP at one of the following doses: 10\(\mu\)g/\(\mu\)L, or 20 \(\mu\)g/\(\mu\)L in 0.3\(\mu\)L volume. Mice were tested on the EPM 5-8 min post-injection. The results are shown in Figure 4-18. One-way ANOVA with dose as independent variable revealed no significant effect of CDP microinjection on the dependent variables of % O.A. Time, % O.A. Entry, Head Dips, or Distance traveled, \(F(2, 21) < 1.34, p > 0.1\). A total of 24 mice were included in this experiment (Veh, \(n=9\); 10\(\mu\)g/\(\mu\)L, \(n=6\); and 20\(\mu\)g/\(\mu\)L, \(n=9\)).

Intra-BLA Microinjection of CDP in \(\alpha_1(H101R)\) Mice

To assess the anxiolytic-like effects of CDP within the BLA in mice expressing the BZ-insensitive \(\alpha_1\)-subtype, \(\alpha_1(H101R)\) mice were given bilateral intra-BLA microinjections of CDP at one of the following doses: 10\(\mu\)g/\(\mu\)L, or 20 \(\mu\)g/\(\mu\)L in 0.3\(\mu\)L volume. Mice were tested on the EPM 5-8 min post-injection. The results are shown in Figure 4-19. One-way ANOVA with dose as independent variable revealed no significant effect of CDP microinjection on the dependent variables of % O.A. Time, % O.A. Entry, Head Dips, or Distance traveled, \(F(2, 19) < 0.74, p > 0.1\). A total of 22 mice were included in this experiment (Veh, \(n=8\); 10\(\mu\)g/\(\mu\)L, \(n=7\); 20\(\mu\)g/\(\mu\)L, \(n=7\)).

Intra-BLA Microinjection of CDP in \(\alpha_2(H101R)\) Mice

To assess the anxiolytic-like effects of CDP within the BLA in mice expressing the BZ-insensitive \(\alpha_2\)-subtype, \(\alpha_2(H101R)\) mice were given bilateral intra-BLA
Table 4-3. Intra-BLA Microinjection of Subtype Selective GABAAR PAMs – Descriptive Statistics of Other Parameters

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<tr>
<th>Treatment</th>
<th>N</th>
<th>O.A. Distance (m)</th>
<th>C.A. Distance (m)</th>
<th>D.O.A. Time (s)</th>
<th>D.O.A. Entry</th>
<th>Center Time (s)</th>
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<td>WT- Veh</td>
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<td>1.68±0.47</td>
<td>5.23±0.59</td>
<td>25.81±6.61</td>
<td>3.71±1.1</td>
<td>27.99±3.51</td>
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<tr>
<td>WT-TP003-0.1μg/μL</td>
<td>9</td>
<td>2.68±0.31</td>
<td>6.53±0.66</td>
<td>45.08±4.91</td>
<td>6.78±1.02</td>
<td>30.33±2.75</td>
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<tr>
<td>WT-TP003-0.25μg/μL</td>
<td>8</td>
<td>3.29±0.68</td>
<td>6.38±0.77</td>
<td>73.83±15.52</td>
<td>8.13±1.47</td>
<td>23.05±5.41</td>
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<tr>
<td>WT-TP003-0.5μg/μL</td>
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<td>3.39±0.82</td>
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<td>3.57±0.81</td>
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<tr>
<td>WT-Zolpidem-0.25μg/μL</td>
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<td>1.78±0.49</td>
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<td>32.67±10.49</td>
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<td>1.29±0.33</td>
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<td>2.57±0.57</td>
<td>5.64±1.3</td>
<td>77.03±26.73</td>
<td>5.57±1.88</td>
<td>31.46±5.11</td>
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Figure 4-18. Intra-BLA Microinjection of CDP in WT C57BL/6J Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM.
Figure 4-19. Intra-BLA Microinjection of CDP in α1(H101R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM.
microinjections of CDP at one of the following doses: 10µg/µL, or 20 µg/µL in 0.3uL volume. Mice were tested on the EPM 5-8 min post-injection. The results are shown in Figure 4-20. One-way ANOVA with dose as independent variable revealed no significant effect of CDP microinjection on the dependent variables of % O.A. Time, % O.A. Entry, Head Dips and Distance traveled on the EPM, $F_s(2, 16) < 1.91, ps > 0.1$. A total of 19 mice were included in this experiment (Veh, n=7; 10µg/µL, n=6; and 20µg/µL, n=6).

Intra-BLA Microinjection of CDP to α3(H126R) Mice

To assess the anxiolytic-like effects of CDP within the BLA in mice expressing the BZ-insensitive α3-subtype, α3(H126R) mice were given bilateral intra-BLA microinjections of CDP at one of the following doses: 10µg/µL, or 20 µg/µL in 0.3uL volume. Mice were tested on the EPM 5-8 min post-injection. The results are shown in Figure 4-21. One-way ANOVA with dose as independent variable revealed significant effects of CDP microinjection on the dependent variables of Head Dips, and Distance traveled on the EPM, $F_s(2, 20) > 4.11, ps < 0.05$. No significant effect was found on the dependent variables of % O.A. Time and % O.A. Entry. Dunnett’s test revealed that CDP exerted significant anxiolytic-like and motor-stimulating effects as measured by significantly increased Head Dips and Distance traveled on the EPM at 20 µg/µL dose when compared to vehicle group ($ps < 0.05$). A total of 23 mice were included in this experiment (Veh, n=9; 10µg/µL, n=5; and 20µg/µL, n=9).

Intra-BLA Microinjection of Non-Selective CDP – Other Parameters

Besides the parameters reported in the figures, descriptive statistics were obtained for several other parameters, including the distance traveled on the open arm and closed arm, respectively (O.A. Distance, C.A. Distance), time and entry to the distal open arm (D.O.A. Time, D.O.A. Entry), as well as the time animal spent in the center zone (Center Time) during the EPM experimentation, are summarized in Table 4-4.
Figure 4-20. Intra-BLA Microinjection of CDP in α2(H101R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM.
Figure 4-21. Intra-BLA Microinjection of CDP in α3(H126R) Mice

Anxiety-like and locomotor behaviors following drug treatment as assessed by elevated plus maze (EPM) test. (A): percentage of time spent on the open arm (% O.A. Time). (B): percentage of entry to the open arm (% O.A. Entry). (C): counts of incidences where the animal extended its head over the edge of the open arm (Head Dips). (D): total distance traveled on the EPM. Asterisks represent significant differences between the vehicle injected control group and the drug injected experimental groups as assessed by ANOVA followed by post hoc Dunnett's comparisons against vehicle (Veh) injected group. *p < 0.05; **p < 0.01.
<table>
<thead>
<tr>
<th>Treatment</th>
<th>N</th>
<th>O.A. Distance (m)</th>
<th>C.A. Distance (m)</th>
<th>D.O.A. Time (s)</th>
<th>D.O.A. Entry</th>
<th>Center Time (s)</th>
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<tr>
<td>WT-Veh</td>
<td>9</td>
<td>1.03±0.31</td>
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<td>16.78±6.31</td>
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<td>WT-CDP-10μg/μL</td>
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<td>7.88±3.77</td>
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<td>27.8±4.04</td>
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<td>50.59±15.32</td>
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<td>26.13±4.55</td>
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<td>1.41±0.38</td>
<td>5.35±0.73</td>
<td>23.91±8.51</td>
<td>2.86±0.8</td>
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<td>59.71±16.34</td>
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<td>33.53±7.6</td>
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<tr>
<td>α3(H126R)-CDP-20μg/μL</td>
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<td>2.53±0.62</td>
<td>6.77±0.52</td>
<td>45.54±11.64</td>
<td>6.11±1.69</td>
<td>34.8±4.2</td>
</tr>
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</table>
CHAPTER 5. DISCUSSION

Summary of Findings

The goal of this study was to further discern the contributions of different $\alpha$-subtype GABA$_A$Rs to BZ-induced anxiolysis based on current existing knowledge. To accomplish this, we examined the anxiolytic-like effects of various subtype selective and non-selective GABA$_A$R PAMs given to WT C57BL/6J mice and point mutant mice that express BZ-insensitive $\alpha_1$-, $\alpha_2$-, or $\alpha_3$-subtype GABA$_A$Rs. Because the BLA is known as a brain region that plays a pivotal role in mediating anxiety-like effects of BZs (M. Davis, 2000; Green & Vale, 1992; Heldt & Ressler, 2006; Pesold & Treit, 1995; Sanders & Shekhar, 1995), we also examined anxiolytic-like effects of intra-BLA microinjections of GABA$_A$R PAMs in WT mice as well as point mutant mice.

The Effects of Systemic Injection of Selective GABA$_A$R PAMs

In the experiment using systemic injection of selective drugs, we found that selective positive modulation of $\alpha_1$-subtype GABA$_A$Rs by zolpidem produced mild anxiolytic-like effects in WT mice. The dose response relationships were in the form of inverted-U shape functions for the measurements of anxiety-like behaviors. Specifically, an increase of % O.A. Entry could be observed at doses of 0.5mg/kg and 1mg/kg. Systemic administration of zolpidem also produced a dose-dependent inhibition of motor activities, and resulted in pronounced motor-inhibiting effects at higher does (1mg/kg and 2mg/kg). This is in sharp contrast to the result obtained from $\alpha_1$(H101R) mice, where no effect on neither anxiety-like measurements nor motor activity was observed, suggesting the effects seen in WT mice were indeed mediated by the $\alpha_1$-subtype GABA$_A$Rs.

Selective positive modulation of $\alpha_2$-, $\alpha_3$-, (and $\alpha_5$-) subtype GABA$_A$Rs by systemic injection of L-838417 (0.5mg/kg and 2mg/kg) produced profound anxiolytic-like effects in WT mice as indicated by increases in % O.A. Time, % O.A. Entry and Head Dips. These effects were accompanied by motor-stimulating effects at both doses tested. On the contrary, selective positive modulation of $\alpha_2$-, (and $\alpha_5$-) subtype GABA$_A$Rs by systemic injection of L-838417 to $\alpha_3$(H126R) mice elicited no statistically significant effects on the main measurements of anxiety-like behaviors or motor activity, suggesting that the $\alpha_3$-subtype GABA$_A$Rs are responsible for mediating a significant portion of the effects of L-838417 in the EPM paradigm. These findings were in line with a previous study showing the anxiolytic-like effects of L-838417 were left intact in $\alpha_2$(H101R) mice in a conditioned emotional response test (Morris et al., 2006), signifying the contribution of $\alpha_3$-subtype GABA$_A$Rs. However, one-way ANOVA of the measurements related to the animal’s activity on the distal open arm (D.O.A.), such as D.O.A. Time and D.O.A. Entry, detected significant anxiolytic-like effects of L-838417 in $\alpha_3$(H126R) mice, $F$(2, 22) > 4.03, $p$ < 0.05. Post hoc Dunnett’s tests revealed the effects were only seen at the high dose of 2mg/kg, $p$ < 0.05. This suggested that the involvement of $\alpha_2$-subtype in mediating L-838417 induced anxiolysis should not be
overlooked. Taken together, we conclude that both α3-, and to a lesser extent, α2-subtype GABA_ARs contribute to the anxiolytic-like effects of L-838417 at doses tested.

Selective positive modulation of α3-subtype GABA_ARs by systemic injection of TP003 (0.5mg/kg and 2mg/kg) produced profound anxiolytic-like effects in WT mice at both doses tested. Motor-stimulating effects at 0.5mg/kg dose were also observed. Importantly, the anxiolytic-like effects of systemic TP003 injection were completely abolished in α3(H126R) mice. In contrast, TP003 retained its anxiolytic-like effects in α2(H101R) mice, suggesting the anxiolytic-like effects of TP003 were indeed mediated by α3-, but not α2-subtype GABA_ARs. Interestingly, TP003 exerted motor-stimulating effects in α3(H126R) mice, suggesting that (i) the motor-stimulating effects of TP003 were not mediated entirely by the α3-subtype GABA_ARs, and (ii) the anxiolytic-like effects of TP003 in WT mice were not simply due to heightened locomotor activities.

Together, our results suggested that (i) systemic positive modulation of the α1-subtype GABA_ARs exerted anxiolytic-like effects at certain doses, however, the “therapeutic window” was narrow and the dose for anxiolysis overlapped with the dose for motor-impairment; (ii) systemic positive modulation of the α2-, α3-, (and α5-) subtype GABA_ARs exerted anxiolytic-like effects and motor-stimulating effects, and such effects were weakened in α3(H126R) mice; and (iii) systemic positive modulation of the α3-subtype GABA_ARs exerted anxiolytic-like effects which were accompanied by motor-stimulating effects, although the exact molecular substrates for the motor-stimulating effects remained unclear.

The Effects of Systemic Injection of the Non-Selective CDP

To extend a previous study (K. S. Smith et al., 2012) that investigated the effect of CDP in male point mutant mice and to explore the potential sex differences in animals’ response to BZ-induced anxiolysis, both males and females are used in this experiment. In the experiment of systemic injection of non-selective CDP, we found that although males and females generally showed little differences in terms of their response to drug treatment, some discrepancies do exist. Systemic injection of CDP elicited significant anxiolytic-like effects in both male and female WT C57BL/6J mice as well as α1(H101R) mice. Systemic injection of CDP produced no anxiolytic-like effects in male α2(H101R) mice, or in female α2(H101R) mice. Interestingly, in our experiment, systemic injection of CDP produced no statistically significant anxiolytic-like effects in male α3(H126R) mice, although in female α3(H126R) mice the anxiolytic-like effects were present. These results indicated that the anxiolytic-like effects of systemic CDP injection were left intact when α1-subtype GABA_ARs were mutated, however, the anxiolytic-like effects were weakened when α2-, as well as α3-subtype GABA_ARs were mutated, suggesting that (i) the α1-subtype GABA_ARs are dispensable for BZ-induced anxiolysis, and (ii) both the α2- and α3-subtype GABA_ARs are needed for BZ to exert its full effects in inducing anxiolysis.
The Effects of Intra-BLA Microinjection of Selective GABA\textsubscript{A}R PAMs

In the experiment with intra-BLA microinjection of selective drugs, we found that selective positive modulation of $\alpha_1$-subtype GABA\textsubscript{A}Rs by zolpidem within the BLA produced an anxiolytic-like effect at 0.1$\mu$g/$\mu$L dose, but not other doses tested. Similar to the systemic injection result, the dose response curves were in the form of inverted-U shape functions for the measurements of anxiety-like behaviors, although no motor inhibition or stimulation was observed. Selective positive modulation of $\alpha_2$-, (and $\alpha_5$-) subtype GABA\textsubscript{A}Rs via intra-BLA microinjection of L-838417 in $\alpha_3$(H126R) mice produced anxiolytic-like effects at 0.5$\mu$g/$\mu$L dose with no significant effect on motor activity. Selective positive modulation of $\alpha_3$-subtype GABA\textsubscript{A}Rs via intra-BLA microinjection of TP003 produced anxiolytic-like effects at 0.25$\mu$g/$\mu$L and 0.5$\mu$g/$\mu$L doses, and again, the impact on motor activity was minimal. Together, our results suggested that (i) intra-BLA microinjection of subtype selective drugs produced similar behavioral outcomes when compared to systemic injections in terms of anxiety-like behaviors; (ii) intra-BLA microinjection of subtype selective drugs generally produced little impact on motor activities; and (iii) BLA is critically involved in mediating the anxiolytic-like effects but not the locomotor effects of the subtype selective drugs.

The Effects of Intra-BLA Microinjection of Non-Selective CDP

In the experiment with intra-BLA microinjection of the non-selective CDP, our findings were unanticipated in light of previous studies that showed intra-BLA microinjection of midazolam and CDP produces anxiolytic-like effects as measured by the EPM and open field test (McNamara & Skeleton, 1993; Menard & Treit, 1999; Pesold & Treit, 1995). Unexpectedly, no statistically significant anxiolytic-like effect were found when CDP was microinjected to the BLA of WT, $\alpha_1$(H101R), or $\alpha_2$(H101R) mice. Anxiolytic-like effects could be observed when CDP was microinjected to the BLA of $\alpha_3$(H126R) mice, and were accompanied by an unexpected motor-stimulating effects, suggesting that the BLA is involved in certain aspects of the anxiolytic-like and motor-stimulating effects of the non-selective BZ drug CDP.

Interpretation of Results

Although the EPM is a standardized behavioral paradigm to assess anxiety-like behaviors in rodents, the actual design of the EPM apparatus and the testing conditions are far from uniform across different laboratories. Variations could arise from a number of discrepancies such as the opacity of the maze walls, the size of the testing room, and the illumination condition (Violle, Balandras, Le Roux, Desor, & Schroeder, 2009). This inevitably makes direct comparison between results obtained from studies using different testing conditions somewhat problematic. In this study, we used the same EPM apparatus in a standard behavioral testing room with controlled lighting condition to minimize test variations, which allowed reliable comparison of test scores across different experiments.
The results obtained in the experiments with systemic injection of selective drugs were generally in line with previous studies. Systemic positive modulation of the α1-subtype GABA_\text{A}Rs by zolpidem exerted mild anxiolytic-like effects at certain doses. However, the “therapeutic window” was narrow and the dose for anxiolysis overlapped with the dose for motor-inhibiting effects. This is in line with a previous study that reported similar findings in rats (Griebel, Sanger, & Perrault, 1996), and is in keeping with another study that suggested the involvement of α1-subtype in anxiety (Belzung et al., 2000). However, from a pharmacological point of view, the narrow therapeutic window would severely limit the application of zolpidem as a systemic anxiolytic drug. Systemic positive modulation of the α2-subtype GABA_\text{A}Rs by injection of L-838417 in α3(H126R) mice exerted minimal anxiolytic-like effects at doses tested as revealed by non-significant statistical results on the main measurements of anxiety-like behaviors, which appeared much weaker than the effects of L-838417 found in WT mice. However, parameters related to the animal’s activity on the D.O.A. revealed some residue anxiolytic-like effects of L-838417 in α3(H126R) mice. This suggests that the α2-subtype GABA_\text{A}Rs, previously thought to play a pivotal role in mediating BZ-induced anxiolysis (Low et al., 2000; K. S. Smith et al., 2012), were in fact partially involved in mediating the anxiolytic-like effects elicited by L-838417 at doses tested. Systemic positive modulation of the α3-subtype GABA_\text{A}Rs by injection of TP003 in WT mice exerted anxiolytic-like effects. This is also in keeping with the previous finding (Atack et al., 2005; Dias et al., 2005; Fischer et al., 2011) that suggested the involvement of α3-subtype in anxiety. Our data also revealed a motor-stimulating effects induced by systemic injection of TP003. However, systemic TP003 treatment retained its motor-stimulating effects in α3(H126R) mice, whereas the anxiolytic-like effects were completely abolished. This suggests the motor-stimulating effect of TP003 might not be entirely mediated by the α3-subtype GABA_\text{A}Rs.

In line with previous studies (K. S. Smith et al., 2012), systemic positive modulation of the α1-, α2-, α3-, (and α5-) subtype GABA_\text{A}Rs by injection of CDP in WT mice exerted anxiolytic-like effects in males. Similar effects were also observed in female WTs. The anxiolytic-like effects were preserved in both male and female α1(H101R) mice. Of note, for female subjects, the 5mg/kg dose elicited no significant anxiolytic-like effects in WTs, whereas the same dose elicited prominent anxiolytic-like effects in α1(H101R) mice, suggesting the anxiolytic-like effects of CDP was not only preserved, but also potentiated in female mice lacking BZ-sensitive α1-subtype GABA_\text{A}Rs. Expectedly, both male and female α2(H101R) mice were generally insensitive towards the anxiolytic-like effects of systemic CDP injection. Surprisingly, systemic injection of CDP elicited no significant anxiolytic-like effects in male α3(H126R) mice, which was in contrast with a previous report (K. S. Smith et al., 2012). On the other hand, female α3(H126R) mice remained sensitive toward CDP induced anxiolysis. To sum up, (i) for males, the anxiolytic-like effects of BZ were unaffected in α1(H101R) mice, and reduced in α2(H101R) as well as α3(H126R) mice, suggesting both α2- and α3-subtypes were crucially involved, and α1-subtype GABA_\text{A}Rs were dispensable, (ii) for females, the anxiolytic-like effects of BZ were potentiated in α1(H101R) mice, reduced in α2(H101R) mice and preserved in α3(H126R) mice,
suggesting that only α2-subtype GABA\textsubscript{A}Rs were crucially involved, while α1- and α3-subtypes were dispensable.

The sex differences observed suggested that female mice were generally more resilient in terms of their sensitivity towards BZ-induced anxiolysis when a particular α-subtype is mutated. Sex differences in GABAergic signaling were supported by various studies in human as well as in animals. For example, a previous study showed that the availability of BZ-sensitive GABA\textsubscript{A}R in women was higher when compared to men (Esterlis et al., 2013). In rodents, one study showed that the expressions of α1- and α3-subtype GABA\textsubscript{A}Rs in the anterior substantia nigra pars reticulata were higher in females than males at postnatal day 5 (Chudomel, Herman, Nair, Moshe, & Galanopoulou, 2009). However, other studies revealed no drastic sex differences in the expression of α1-, α2-, or α5-subunit (A. M. Davis, Penschuck, Fritschy, & McCarthy, 2000; Nett, Jorge-Rivera, Myers, Clark, & Henderson, 1999). These findings, although ambiguous, offered a possible rationale that sex differences in GABA\textsubscript{A}R expression level could explain why female mice might be more likely to retain sensitivity to BZ-induced anxiolysis when a particular α-subtype was rendered BZ-insensitive than their male counterparts. Future experiments addressing the sex-differences of GABA\textsubscript{A}R expression in the BLA and the response towards BZ-induced anxiolysis in rodents would be of great interest.

Currently, the effect of intra-BLA microinjection of selective drugs is poorly understood. Our results revealed that selective intra-BLA positive modulation of α1-, α2-, or α3-subtype GABA\textsubscript{A}Rs produced similar anxiolytic-like behavioral outcomes when compared to systemic positive modulation. This suggested that BLA is indeed a critical brain region which is sufficient to mediate the anxiolytic-like effects, but not the motor-inhibiting or stimulating effects of the subtype selective GABA\textsubscript{A}R PAMs.

The result obtained from the intra-BLA microinjection of CDP experiment was somewhat difficult to interpret. CDP elicited no pronounced anxiolytic-like effects in WT, α1(H101R) or α2(H101R) mice, when administered directly to the BLA. This is in contrast to previous studies that showed intra-BLA microinjection of CDP and midazolam elicited anxiolytic-like effects in the EPM test or open field test in rodents (McNamara & Skeleton, 1993; Menard & Treit, 1999; Pesold & Treit, 1995). The observed phenomena might be sensitive to the test conditions, i.e., due to the lighting condition and the particular construction of the EPM used in our experiment that had transparent plexiglass walls around the closed arm, rather than opaque or wooden ones used in many other studies. These particular factors were known to affect the animal’s behavior on the EPM (Violle et al., 2009). Another possible explanation is that since GABA\textsubscript{A}Rs are known to be differentially expressed on different populations of GABAergic interneurons (Baude, Bleasdale, Dalezios, Somogyi, & Klausberger, 2007; Milenkovic et al., 2013), the augmentation effects of PAMs, including CDP, on the GABA\textsubscript{A}R may not be restricted to the projection neurons. It is possible that application of CDP locally would cause inhibition of certain population of GABAergic interneurons, and subsequently result in reduced GABA release from those neurons which might further cancel out the potentiation of the inhibitory effects exerted by CDP on the projection neurons. Molecular and functional characterization of the GABA\textsubscript{A}Rs...
expressed on the GABAergic interneurons within the BLA would be of great value to help better understand the properties of the GABAergic microcircuits and their functions in the context of fear and anxiety. A third possibility is that under certain circumstances, GABA signaling might actually be excitatory rather than inhibitory. A recent study suggested that a subpopulation of parvalbumin positive interneurons could synchronize the activity of a group of pyramidal neurons via GABAergic excitation within the BLA (Spampango et al., 2016). It is thus also likely that BZ-induced augmentation of GABA \( \text{ARs} \) might increase the synchronizing effect of the parvalbumin positive interneurons and subsequently enhance the BLA net output. Further studies that focus on addressing the alteration of intra-BLA GABAergic microcircuits under the influence of CDP will benefit the understanding of the paradoxical effects seen here in the intra-BLA CDP microinjection experiment.

**Limitations of Experimental Design and Results**

As mentioned above, the EPM test is a locomotion-dependent behavioral paradigm and the measurements of anxiety should be examined with care when a motor-inhibiting or stimulating effects are present (Reynolds et al., 2001). However, the use of entry ratios (% O.A. Entry), rather than the raw numbers of O.A. entry, should help to at least reduce the bias introduced by locomotion differences amongst different groups. Future experiments employing locomotion-independent anxiety tests, such as stress-induced hyperthermia, would be beneficial for this matter.

In this study, only one brain region, i.e. the BLA, is investigated. As previously mentioned, the BNST and hippocampus are two other main brain regions known to play a role in anxiety-like behaviors (Engin & Treit, 2007b; Gafford et al., 2012). Future studies investigating the anxiolytic-like effects of intra-BNST and intra-hippocampus microinjection of selective and non-selective GABA\( \text{AR} \) PAMs in WT and point mutant mice would be of great importance in pinpointing the regional specific roles the GABA\( \text{AR} \) \( \alpha \)-subtypes play in mediating BZ-induced anxiolysis.

**Conclusion and Clinical Significance**

In an attempt to unify the current debate concerning “which GABA\( \text{AR} \) \( \alpha \)-subtype contributes to BZ-induced anxiolysis”, this study incorporates both subtype selective GABA\( \text{AR} \) PAM and \( \alpha \)-subunit point mutant mice to finely dissect the functional roles played by \( \alpha_1 \), \( \alpha_2 \), and \( \alpha_3 \)-subtype GABA\( \text{ARs} \) in mediating anxiety-like behaviors and anxiolysis-like effects. In general, our findings support the conclusion that both \( \alpha_1 \), \( \alpha_2 \), and \( \alpha_3 \)-subtype GABA\( \text{ARs} \) are involved in mediating anxiety-like behaviors. However, subtle differences do exist. Positive modulation of \( \alpha_1 \)-subtype GABA\( \text{ARs} \) exerts anxiolytic-like effects with a narrow therapeutic window that overlaps with the dose for motor-inhibiting effects. In contrast, positive modulation of \( \alpha_2 \), \( \alpha_3 \) (and \( \alpha_5 \)) subtype GABA\( \text{ARs} \) exerts significant anxiolytic-like and motor-stimulating effects. These effects are weakened in the absence of BZ-sensitive \( \alpha_3 \)-subtypes. Positive modulation of the \( \alpha_3 \)-
subtype GABA<sub>A</sub>Rs exerts anxiolytic-like effects that are accompanied by significant motor-stimulating effects. Lack of either BZ-sensitive α2-, or α3-subtype GABA<sub>A</sub>Rs weakened the anxiolytic-like effects of CDP in a sex-dependent manner. Together, our findings sufficiently addressed the currently debatable view of the role played by the α3-subtype GABA<sub>A</sub>Rs in BZ-induced anxiolysis.

We have also extended the current understanding of the differential roles played by α1-, α2-, and α3-subtype GABA<sub>A</sub>Rs on anxiety-like behaviors from the systemic level to a specific brain area, the BLA. Our data clearly indicates that the anxiolytic-like effects of selective intra-BLA positive modulation of α1-, α2-, and α3-subtype GABA<sub>A</sub>Rs are largely similar to the systemic positive modulation, in absence of the impact on motor activities. The non-selective positive modulation of GABA<sub>A</sub>Rs in the BLA results in minimal, unclear effects on anxiety measures, which might be explained by a complex inhibition / disinhibition balance between the GABA<sub>A</sub>Rs expressed on the projection neurons versus the GABA<sub>A</sub>Rs expressed on the inhibitory interneurons under the influence of non-selective BZs within the BLA.

Our results suggest that α3- and/or α2-subtype selective GABA<sub>A</sub>R PAMs, such as TP003, could be prime candidates for developing selective anxiolytic drugs. The motor-stimulating effects found in systemic TP003 treatment should be further investigated to identify the exact molecular substrate mediating such effects. Our results also suggest that novel α2-subtype selective GABA<sub>A</sub>R PAMs would be of great value for both developing anxiolytic drugs, and for advancing the investigation of the differential functional roles played by different GABA<sub>A</sub>R α-subtypes in the brain.
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List of Publications


Selected Conference Presentations
